

**HUMANITY^{IN}
ACTION**

POLAND

WARSAW FELLOWSHIP 2017

Incubator of Ideas



12th Annual HIA Poland Fellowship

„Incubator of Ideas”

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Tribute to Hanna Krall

Hanna Krall – creating empathy for absence



Fot. Juliusz Sokołowski

"Only literature can make the world realize its abnormality. Not history. Just literature."

Hanna Krall is a Polish writer and journalist. She was born in Warsaw to a Jewish family, a daughter of Salomon Krall and Felicia Jadwiga nee Reichold. She spent her childhood in Lublin. During the Second World War, many members of her family were killed by the Nazi regime, including her father. She survived deportations to death camps only thanks to the hiding provided by a Polish rescuers. While transported to ghetto, she was rescued by an unbelievable coincidence. Both the Holocaust and the fate of the Polish Jews have become the main subject of her work over time.

After the war, she was placed in an orphanage for Jewish children. Having graduated in journalism from Warsaw University, she started working at the Polish local paper *Życie Warszawy* (Warsaw Life) in 1955. In 1966 she left the paper and began to write for the well-known magazine *Polityka* ("Politics"). It was during that time that she published her first book named *Na wschód od Arbat* ("Heading East from Arbat"), in which she recounted the years she spent working as a correspondent in Moscow, depicting everyday Moscow life in the 1960s.

Krall's career really took off after *Zdążyć przed Panem Bogiem* ("To Outwit God"), a book-interview with Marek Edelman, one of the few surviving leaders of the Jewish Fighting Organization in the Warsaw Ghetto. The work focuses on the last days before the liquidation of the ghetto. It constitutes a shocking account due to, on the one hand, its conscious deheroization of the Jewish revolt, and on the other, its homage to those who perished in the Uprising, their stamina and sacrifice.

The interview with Edelman was the beginning of the new stage in Krall's work, to which she has remained faithful ever since. In the books that followed, such as *Taniec na cudzym weselu* ("A Dance at Somebody Else's Wedding"), or *Dowody na istnienie* ("Proofs of Existence"), she combines stories about the Holocaust itself with description of Jewish life in Poland before and after the destruction, recreating details of that existence. In this manner the stories of destruction become even more real and devastating. A large number of her informants are "children of the Holocaust", now in their late fifties or sixties, who often do not know how they survived, who their parents and grandparents were or what

happened to them. Krall, who wishes to save these people from oblivion, frequently refers to them as the coauthors of her stories.

As she mentioned in a number of interviews and on public occasions, she fears that a purely historical and statistical approach to the Holocaust focusing on a mass murders, deportations, descriptions of death camps, gas chambers and other atrocities, may rather evoke only terror and sense of horror in modern readers than real compassion, therefore possibly even having the reverse effect of causing them to avoid the topic in the future. Real empathy, according to Krall, can be better evoked by recalling individual fates and concentrating on feelings and emotions. In her stories, she writes not only about survivors, but also about their rescuers, informers and more or less indifferent witnesses, as well as perpetrators.

A number of Krall's stories show how the long silence over Jews in Poland led to the acculturation of the survivors, who do not even know the basic principles of Jewish tradition and custom, such as the kindling of Sabbath candles, not to mention keeping a kosher home. This is even more dramatic among those who discovered their origin as adults and are only now trying to explore their roots by browsing through archival materials, searching for long-lost relatives and developing an interest in Judaism.

Krall's work has been received favorably in Poland. Among many other awards, such as the underground Solidarity prize and the prize of the Polish PEN Club, in 1998 she received the Award of the Culture Foundation given to outstanding artists and scholars for major achievements. Translated into many languages, her works appear to have gained most recognition in Germany and Sweden.

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HIA Poland Fellowship 2017 and Beyond

1. HIA Poland Fellowship 2017 Program

HIA Poland general objectives of the fellowship:

- broadening and deepening knowledge about past and present human rights challenges and ways of counteracting them by the Polish state and society with the special thematic focus on the discourse on diversity and (counteracting) xenophobia, discrimination and hate speech,
- getting to know innovative methods and strategies of working against human rights violations & human rights culture promotion as well as interesting/influential actors of the Polish human rights system (mainly non-governmental organizations and their projects),
- developing and enhancing skills and know-how necessary to conceive and conduct in a professional manner social and advocacy campaigns on social media, which counteract xenophobia, discrimination and hate speech (with the help of community organizing methods) and contribute to development of innovations in this area,
- inspiring to take up individual actions in the field of human and minority rights, which should help fellows further develop their leadership potential,
- introducing fellows to the global Humanity in Action network and inviting them to active participation in its activities and Senior Fellows Networks.

Structure

The fellowship consists of 'input' and 'output' sessions, which complement each other and are intertwined. In the 'input' sessions, the emphasis will be more on developing knowledge and exchanging ideas in debates, whereas the 'output' activities will be more focused on enhancing skills essential in human rights activism by completing a given task. In other words, throughout the fellowship, thanks to applying active 'learning by doing' methods and with the help of experienced trainers, the participants will have a chance to effectively combine theory with practice.

Input Phase:

The leading question of the program is how the Polish state and society have been dealing with human rights challenges from the historical and contemporary perspective. Poland will be treated as a main case study and/or point of reference throughout the whole fellowship. Content-wise the program aims to cover selected historical, cultural and socio-economic contexts, in which the human rights challenges arouse. Apart from WW2 and the Holocaust, the experience of the socialist regime, and the phenomenon of the Solidarity Movement, as well as the system transformation are the key historical factors which in one way or the other shaped the contemporary Polish society.

Taking into consideration the specific focus on diversity and interconnected challenges, for instance in form of discrimination and hate speech, the program will first of all cover mechanisms generating conditions in which discrimination, xenophobia and hate speech arise, persist and grow stronger. Secondly, the program will serve as a platform for discussion on, among others, the nature of hate speech and the limits of freedom of speech. Among other questions, the current gravity of 'refugee crisis', as well as the Polish constitutional and rule of law crisis will be debated.

Furthermore, the program will scrutinize current cases of discrimination and marginalization of selected groups which exemplify the challenges resulting from a growing diversity, as well as cases explaining innovative strategies and good practices of counteracting the existing problems, developed by various actors of the Polish system of human rights protection. More specifically, on-line and off-line (and a mixture of both dimensions) hate speech will be in the spotlight both in terms of being a social problem and an issue against which various sectors of the civic society have generated innovative responses.

Output Phase:

On the basis of knowledge and experiences gathered in the input phase, the fellows will take part in a training of skills essential for activists/leaders, such as creative and public communication through social media. The participants will learn how to better visualize information which they want to get across and how to gain social support for their social campaigns. Acknowledging the potential of modern technologies in the work towards social change, the program provides its participants with the opportunity to learn how to involve civic society into debates on human rights violations with a particular focus on hate speech, as well as how to conceptualize and develop specific tools e.g. memes in mobilizing responses to human rights violations. Thanks to sharing and transforming initial visual ideas, they will gather observations on what strategies prove effective. This educational process will be conducted under supervision of experienced trainers.

As working directly with local communities might have a considerable potential for igniting sparks of social change, fellows will engage in direct actions and community work within one

of selected NGOs. Activities will be supervised by experts from those organizations and will be done with the people involved and directly affected by specific cases of discrimination. Cooperation with those organizations will be preceded by the training with Tara Dickman, HIA Senior Fellow and expert on community organizing, on different pathways to social activism: community service, awareness raising and community organizing. With such hindsight, fellows will be able to run their campaigns in a more conscious way, thus supporting communities in a structured way. We believe that this grass-roots experience and dialogue with communities will allow fellows to come up with thoughtful strategies for addressing human rights issues connected to 'refugee crisis', xenophobia, discrimination, and the rise of extremist movements via social campaigns. In order to ensure this, fellows will cooperate with the following organizations:

- Aim High consists of young people willing to change something in their surroundings. The Mission of Aim High is to promote young people, increase their self-confidence and help them reach for their dreams and take their own actions aimed to help other young people. The organization focuses mostly on youth coming from disadvantaged environments. They work mostly with active methods – workshops and trainings. Aim High uses juggling and other circus activities as a metaphor of reaching the goal step by step. They try to show to young people that even things that seem to be impossible at first, can be achieved with a little faith, effort and persistence.
- Equality Volunteering is a non-profit organization which organizes Warsaw's pride parade and equality festival, and which advocates for LGBTQI rights. The organizers of the parade promote social equality in general, and draw attention to the problems faced by the LGBTQI community in Poland.
- Kuchnia Konfliktu (Conflict Kitchen) is a foundation and a social enterprise which raises awareness on migration by employing refugees and migrants and by serving food from their regions. The idea of the enterprise was conceived as the Action Project of three HIA Senior Fellows: Jarmila Rybicka, Paulina Milewska and Maciej Kuziemski. Kuchnia Konfliktu has been recognized with numerous awards, including Social Start-Up 2016 by Ashoka Poland or National Geographic Traveler Award 2017.
- MamyGłos (We Have Voice) is a grass-roots initiative which empowers teenage girls to stand up for themselves and against sexism. Established in 2016, the initiative is successfully run by 6 young women (18-27), including two Senior Fellows: Sylwia Wodzińska and Michalina Ferencz, and is surrounded by 20 teenage activists. Over the year, they organized workshops in self-defense, critical thinking, activism and law literacy to 400+ teenagers, offered psychological consultations, published a coloring book, delivered free sanitary pads to girls from underprivileged backgrounds, produced numerous videos and stickers and spoke at demonstrations. The initiative has been awarded with prestigious FRIDA 2017-2020 grant as the first and only ones in Poland.

- Jewish Community of Warsaw is one of seven organizations forming the Association of Jewish Communities in Poland. The Warsaw Jewish Community continues the tradition of the pre-war Jewish Communities, therefore fulfilling the mission of self-government. Presently the Community has about 600 members and their number is constantly growing.
- The Polish Migration Forum Foundation (PFM) was created in 2007 to promote the rights of migrants in Poland. PFM supports and develops initiatives that lead to dialogue between people representing various cultures, mainly in Poland. It also works with Polish migrants abroad, and support families affected in some way by migration.

Additionally, throughout the whole program, fellows will have the opportunity to enhance their (creative) writing and journalistic skills by sharing their reflections and impressions with the wider public on the program's blog <http://hiapoland2017.blogspot.com>. Also, the fellows will have the chance to try out different discussion techniques/methods while preparing and facilitating daily Fellows' Discussions.

Saturday, May 27, 2017

This day serves as an introduction of all participants into the program: fellows who arrived the day before will have an opportunity to adapt to the new environment in Warsaw, to reenergize after the travel and to meet each other informally. In the morning, fellows will have a chance to get to know each other officially in a program setting. The next session will take a form of a short introduction to the program by the HIA staff. Additionally, the staff will provide some practical information about the stay in Warsaw (transportation, health, safety, etc.). The last program element is a guided walking tour through Warsaw in order to discover how Warsaw's and Polish histories are interconnected and to explore the links between the past and present.

Opening of the 2017 Fellowship:

WELCOME!

Let's Get to Know Each Other and the Fellowship, part 1

10.00 – 10.10	Introduction by <i>Monika Mazur-Rafał, Przemysław Iwanek, Sylwia Wodzińska & Alicja Łuczyńska</i> , HIA Poland	Menora
10.10– 11.30	Who is Who? HIA Poland staff	Menora
	Break	
11.45 – 13.15	Let's Talk about the Fellowship HIA Poland staff	Menora
	Lunch Break	
14.30 – 17.00	(In)Visible History and Vibrant Present in the Streets of Warsaw Guided tour through Warsaw, part 1 <i>Jagna Kofta</i> , guide	
	Free time or informal networking	
20.00	Welcome dinner	Kuchnia Funkcjonalna

The second day is devoted to exploring the program in a more detailed way, that is, to clarifying the expectations and agreeing upon the 'rules of the game'. It consists of 2 sessions. We will begin by sharing personal stories through meaningful objects. Then, we will discuss our expectations towards the program and agree upon rules/obligations in a form of contract. The last program element is the second part of the guided walk tour through Warsaw, this time in the Praga district. How did ethnic/religious diversity in Poland looked in the past? And how does it look now?

Let's Get to Know Each Other and the Fellowship, part 2

10.00 – 10.10	Introduction by HIA Poland Staff	PM
10.10 – 11.15	Bring an Object - Who Are We as Human Rights Activists / Advocates? HIA Poland Staff	PM
	Break	
11.30 – 13.30	Let's Talk about You in the Fellowship HIA Poland staff	PM
	Lunch Break	
14.30 – 17.00	(In)Visible History and Vibrant Present in the Streets of Warsaw Guided tour through Warsaw, part 2 <i>Jagna Kofta</i> , guide	
	Free time or informal networking	

Monday, May 29, 2017

The day starts with a debriefing session following the guided walking tour through Warsaw's streets. Then, content-wise the day is dedicated to exploring some of the current social challenges at national and international level that affect Polish and European societies. The case of Greece will be a point of reference for us during two subsequent sessions not limited only to the questions of migration. What are the most important lessons both Europe and Poland could draw from the illiberal wave? At national perspective of Poland, we will specifically look into the issues sparking public debate including women's rights. This will give fellows an overview of how Polish society approaches developments in human rights protection.

Democracy and Human Rights in Crisis – Poland and Europe

9.15 - 09.30	Introduction by HIA Poland Staff	Menora
9.30 - 10.30	Sharing Impressions from the Guided Tours Warsaw BOOK, HIA Poland Staff	Menora
10.45 - 12.00	The Feminist Movement and the Black Protest <i>Ewa Rutkowska, feminist tutor and teacher</i>	Menora
	Break	
12.15 - 13.30	Greece – Far More Than Refugee Crisis <i>Jakub Dymek, Krytyka Polityczna</i>	Menora
	Lunch break	
14.40 – 14.55	Fellows' Presentations	Menora
15.00 - 16.30	Populism, Democracy and "Refugee Crisis" in Europe <i>Konstanty Gebert, journalist</i>	Menora
	Break	
16.45 - 17.45	Fellows' Discussion	Menora

This day is devoted to identity and tackles it from various angles. Have you ever stopped for a second to rethink whether, and if yes, how prejudices and stereotypes shape your attitude towards others? It is important to realize how privilege (or, in fact, various privileges) influence how we understand our place in world and how they both are connected to discrimination and hate speech. We will reflect on the perspective from which we view the world and where we stand in the social structure. We believe that acknowledging how we ourselves are involved in existing power structures will enable us to become more sensitive, mindful and efficient activists. This will give us a starting point for discussing Polish national identity in reference to "the Other".

How Do We See the World? Juggling Multiple Lenses

10.30 - 10.45	Introduction by HIA Poland Staff	Menora
10.45 - 12.15	Prejudices & Stereotypes vs. Hate Speech: What Leads to What? <i>Prof. Michał Bilewicz, PhD, Center for Research of Prejudice, Warsaw University</i>	Menora
12.15-12.30	Fellows' Presentations	Menora
	Lunch Break	
14.00 - 15.30	Privilege & Discrimination vs. Minority & Majority <i>Maja Branka, trainer</i>	Menora
	Break	
15.45 – 16.50	The Marginalized "Other": the Roots, Nature and Evolution of Discrimination in the Polish Context <i>Jan Sowa, PhD, sociologist, author</i>	
	Break	
17.10 - 18.10	Fellows' Discussion	Menora

Wednesday, May 31, 2017

Hate speech will constitute the leading subject of this day. What is hate speech, actually? Is it words only? And why would it matter what is being written in the cultures celebrating free speech? We will look into the practical dimension of how to define, monitor and counteract it online. Meeting inspiring social activists will serve fellows their daily portion of food for thought and inspiration for the output phase.

***Dealing with Hate Speech and Prejudice:
Towards Social Change***

9.15 - 09.30	Introduction by HIA Poland Staff	Menora
09.30 – 09.45	Fellows' Presentations	Menora
09.45 - 11.00	Action Project and Output Phase, part 1 HIA Poland Staff	Menora
11.15 - 12.30	Hate Speech in Poland: How to Monitor it and Counteract it? Case Study: HejtStop <i>Miłosz Hodun</i> , PhD, HejtStop Initiative	Menora
	Lunch Break	
13.45 - 15.15	Social Change via Internet and Social Media <i>Alexey Sidorenko</i> , social activist	Menora
	Break	
15.30 - 16.30	Fellows' Discussion	Menora
	Break	
16.45 - 17.30	Me and the Group HIA Poland Staff	Menora

Thursday, June 1, 2017

The following two days, you will have an opportunity to take part in the training on how to raise awareness on human and minority rights. Specifically, we will dive into community organizing techniques with a particular emphasis on social campaigns and other kinds of social action. We will be introduced to Saul Alinsky's community organizing model through the analysis of a successful civil rights campaign in France.

Second part of the training will be dedicated to the storytelling method of 'owning your story'. Have you ever been moved by someone's story of how they began their activist path? This workshop will equip you in tools to be more articulate when someone asks you why you want to bring a change.

Introducing to Community Organizing part 1

8.50 – 9.00	Introduction by HIA Poland	PM
9.00 – 9.30	Introduction by <i>Tara Dickman</i>	PM
9.30 - 11.00	Going from Horizontal to Vertical. Introduction to Community – <i>Tara Dickman</i>	PM
	Break	
11.15 - 12.45	Going Vertical: Workshop 1 – <i>Tara Dickman</i>	PM
	Lunch	
14.00 - 16.00	Owning Your Story – <i>Tara Dickman</i>	PM
	Break	
16.15 - 17.30	The One on One – <i>Tara Dickman</i>	PM
17.00 - 18.00	Conclusions	PM

Friday, June 2, 2017

The overall goal of this day is to get to know how to develop and implement social or advocacy campaigns on social media. You will be asked to reach out and research on the problems and needs of selected groups facing discrimination within the Polish society and, subsequently, to develop innovative strategies for counteracting these human rights infringements. We will gain basics of how to build good press relations, from framing a message to making it attractive journalists.

Introduction to Community Organizing part 2

9.15 - 10.00	Feedback and Questions	PM
10.00 - 12.30	Going Vertical: Workshop 2 – Tara Dickman	PM
	Lunch & one on ones	PM
14.00 - 15.00	Steps towards Good PR – Tara Dickman	PM
	Break	PM
15.30 - 17.00	Media Training – Tara Dickman	PM
17.00 - 18.00	Conclusions	PM

Saturday, June 3, 2017

Day Off

16.00	optional Warsaw Pride – “Equality Parade 2017”	
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Sunday, June 4, 2017

Fellows will have a chance to deepen the historical knowledge on the WW2 and the Holocaust carried out by Nazi Germany also on the Polish territory. The historical realms of those times will be discussed with the help of a documentary film on the Warsaw Ghetto. A film screening and site visit to Treblinka will lead to discussions on the relevance and legacy of the Holocaust as well as on linkages with other genocides. Most importantly, we will also think about possible actions to prevent genocides. Last but not least, the day gives an opportunity to commemorate the victims as well as space for personal reflection on this chapter of history and its relevance today.

***From Hate to Extermination:
Genocide Step by Step***

9.30 - 9.40	Introduction by HIA Poland Staff	Polin
9.40 - 10.50	Seeing is Believing. ‘The Warsaw Ghetto 1940-1943’ Jewish Historical Institute documentary movie Sharing Impressions , facilitated by <i>Tomasz Cebulski</i> , PhD, guide, historian and political scientist	Polin
	Break	
11.00 - 13.00	Travel to Museum of Armed Struggle and Martyrology in Treblinka by hired bus	Treblinka
	Break	
13.30 - 16.00	Never Again? The Legacy of the Holocaust Guided by <i>Tomasz Cebulski</i> , PhD Individual time	Treblinka
16.45 - 17.30	Fellows’ Discussion, facilitated by <i>Tomasz Cebulski</i> , PhD	Treblinka
17.30 - 19.30	Travel to Warsaw by bus	

Monday, June 5, 2017

This day will be a journey through 1000 years of the history of Polish Jews – from the Middle Ages until today. Fellows will find answers to questions such as: how did Jews come to Poland? How did Poland become the center of the Jewish Diaspora and the home of the largest Jewish community in the world? How did it cease to be one, and how is Jewish life being revived? In contrast to Western Europe, after the WW2 Poland turned from a very diverse country into a more homogenous one due to the war, the Holocaust and the communist policy to eradicate any form of social difference. As diversity was a challenge even before the WW2 (the Second Polish Republic was a state struggling with consequences of diversity), communist propaganda managed to brain-wash many Poles that the newly 'introduced' homogeneity was not only good, but also one of the successes in this part of the world. Having gone through over 45 years of communist/socialist regime, with practically non-existent freedom of speech, Polish society faces several challenges connected to growing diversity.

The "Others": Poles and Jews

8.50 - 9.00	Introduction by HIA Poland Staff	Polin
9.00 - 10.00	Introduction <i>Justyna Koszarska-Szulc</i> , Museum Polin	Polin
10.10 - 13.00	Sightseeing: Core Exhibition, Museum of the History of Polish Jews Polin	Polin
	Lunch	Besamim
14.00 - 15.30	Different Faces of Anti-Semitism in Poland <i>Anna Zielińska</i> , Jewish Community in Warsaw <i>Daniel Słomka</i> , HIA Senior Fellow	Polin
	Break	
15.45 – 16.00	Fellows' Presentations	Polin
16.00 - 17.00	Fellows' Discussion	Polin
	Individual sightseeing	

This day is devoted to two themes. On the one hand, it provides fellows with the opportunity to reflect on their fellowship experience so far. On the other hand, it focuses on how to challenge prejudices & stereotypes. In this part, we will learn about HIA Poland's contribution to pre-empting prejudices and the promotion of human rights ideals/culture through its activities/initiatives. Moreover, we will speak about how to tackle prejudices from the perspective of social psychology. Last but not least, we will discuss the legacy of the Solidarity Movement, its leaders, values and methods of resistance. We will focus especially on the women's place in the movement. Why was this movement so successful and influential, not only for Poland but also for other parts of Europe? What are the universal lessons learned which are relevant nowadays, and what are the actions that could be critiqued especially from today's perspective? Which good practices could be inspirational for other countries or which could be seen as troublesome (and why)?

Mid-term evaluation & How to Challenge Prejudices and Stereotypes

9.00 - 9.15	Introduction by HIA Poland Staff	Menora
9.15 - 10.45	Effective Counter-Strategies – Challenging Prejudices & Stereotypes – effective remedies in the light of social psychology <i>Anna Stefaniak, PhD, Center for Research of Prejudice, Warsaw University, HIA Senior Fellow</i>	Menora
	Break	
11.00 - 12.00	Pre-empting Prejudice: Raising Awareness and Instigating Change by HIA Network & HIA Poland <i>Monika Mazur-Rafał, HIA Poland</i>	Menora
12.00 – 12.15	Fellows' Presentations	Menora
	Lunch	
13.30 - 15.00	The Fellowship so far: Sharing Impressions HIA Poland staff	Menora
	Break	
15.30 - 16.45	Women and the Solidarity Movement <i>Agnieszka Grzybek, STER Foundation</i>	Menora
	Break	
17.00 - 18.00	Fellows' discussion	Menora

Wednesday, June 7, 2016

The aim of the day is to explore the process of forging the new social order and its consequences on two case studies: LGBTQI and people with disabilities. These will be presented by representatives of NGOs and by social activists, who will share their approaches towards and experiences with human rights violations (especially hate speech) and good practices in responding to them. During the day, we will also have a look into how Polish identity and religion are intertwined. In the past, the Church often served as a sort of real and symbolic asylum/shelter for the dissidents. During Socialism people who disagreed with the uniform Communist Party-line organized the Solidarity movement, while the Church tried to galvanize the society together against the common enemy – the ruling regime. As much as it enabled to exercise some sort of freedom (personal, artistic and the like) and mobilizing resistance, it looked for ways of strengthening 'Polishness' and being together on particular terms. After 1989, the situation has deeply changed and the Roman Catholic Church needs to 'compete' on the free 'market' of diverse ideas.

"Others" in Polish Context: Women & LGBTQ

9.00 - 9.15	Introduction by HIA Poland Staff	Menora
9.15 - 10.30	The Social Model of Disability in Poland: The Ideal vs. The Reality <i>Magdalena Szarota, HIA Poland Staff & One.pl Association</i>	Menora
	Break	
10.45 - 12.15	The Role of Religion In Shaping Polish Society And Identity. <i>Łukasz Niparko, HIA Senior Fellow, social activist</i>	Menora
12.15 – 12.30	Fellows' Presentations	Menora
	Lunch	
13.45 - 15.15	LGBTQI(+) - How to Move Forward? <i>Julia Maciocha, Equality Volunteering Foundation</i> <i>Vyacheslav Melnyk, Campaign Against Homophobia</i>	Menora
	Break	
15.30 - 16.30	Fellows' discussion	Menora

With reference to the previous days, the fellows will continue exploring the nuances of the Polish democracy and civic society especially by focusing on challenges with the presence of migrants. After over 44 years of living in a communist/socialist "freezer" with a very limited freedom of speech, Polish society is facing various difficulties that have been caused by a growing diversity. Opening borders after 1989 made Poles to question the prevalent notion of country's homogeneity due to several factors such as: the influx of migrants into the country; (re)discovering diversity within the country exemplified by Poland-based national and ethnic minorities; the possibility to freely travel and cross borders again. The fellows will explore what are the key challenges with integration and inclusion of newcomers as well as will learn some good practices developed by selected NGOs. We will discuss also the specific cases of xenophobia: islamophobia, racism and anti-Ukrainian racism in Poland.

"Others" in Polish Context

09.00 – 9.15	Introduction by HIA Poland Staff	PMF
9.15 - 10.30	Migrants as Aliens? Challenges of Integration and Inclusion <i>Agnieszka Kosowicz, Polish Migration Forum</i>	PMF
	Break and change of location	
11.15 - 12.45	Islamophobia in Poland and Europe prof. Katarzyna Górak-Sosnowska, Warsaw School of Economics	Menora
12.45 – 13.00	Fellows' Presentations	Menora
	Lunch	
14.15 - 15.45	The New Ukrainian Puzzle in The Homogenic Picture <i>Miroslava Keryk, president of the foundation "Nasz Wybór"</i> ("Our choice")	Menora
	Break	
16.00 - 17.15	Racism and Nationalism in Poland <i>Jacek Purski, Institute of Social Safety</i>	Menora
	Break	
17.30 - 18.30	Fellows' discussion	Menora

Fellows will engage in some direct actions and community work in cooperation with one of the following NGOs: Aim High Initiative, Conflict Kitchen, Jewish Community of Warsaw, Equality Volunteering, Mamy Głos, and Polish Migration Forum. We will take part in activities close to the interests of the communities involved. With hindsight of last two weeks fellows will be able to get more from their activities. We believe that this grass-roots experience and discussions with communities will allow fellows to come up with thoughtful strategies for addressing refugee crisis, xenophobia, discrimination, sexism, rise of the extreme via means of social campaigns. Campaigns run in cooperation with experts from the field and communities might have a considerable potential for igniting sparks of social change, and equip fellows with new attitudes.

Research – Work with Community Organizations

9.15 - 9.30	Introduction by HIA Poland Staff	
9.30 - 13.00	Groups preparations (fellows within their campaign working groups should conduct research on: the given community organization and its methods/achievements, specific problems affecting a minority/disadvantaged group and associated scientific data, existing social and advocacy campaigns in the field; a list of questions to the organization should be written down)	TBA
	Lunch	Different Locations
14.30 - 17.00	Meeting/work with community organizations, part 1	TBA

Saturday, June 10, 2017

Work with community organizations, part 2
OR
Day Off (depending on the organizations)

9.00 -18.00	Work with community organizations (TBC)	Different Locations
Evening	Meeting with Senior Fellows	TBA

Sunday, June 11, 2017

The day is devoted to the skills' training with the aim to explore how to create and develop interesting campaigns and how to get other people to care about them (discuss, share, critique etc.). By the end of the day fellows should have a draft brief of a campaign they will run. From now on, fellows can contact our graphic designers for further guidance if needed.

Training on Social and Advocacy Campaigns

9.40 – 9.45	Introduction by HIA Poland Staff	Menora
9.45 – 10.00	Fellows' Presentations	Menora
10.00 - 13.00	Social and Advocacy Campaigns in Action <i>Marek Dorobisz</i> , Strategic Copywriter and Creative Director working for top Polish brands including: Onet.pl	Menora
13.00 - 14.00	Lunch Break	
14.00 - 15.00	Social and Advocacy Campaigns in Action continued	Menora
15.00 – 15.15	Fellows' Presentations	Menora
Evening	Meeting with Senior Fellows	TBA

Monday, June 12, 2017

Fellows will engage in some direct actions and community work in cooperation with one of the following NGOs: Aim High Initiative, Conflict Kitchen, Equality Volunteering, Jewish Community of Warsaw, Mamy Głos, and Polish Migration Forum. Fellows will contribute to NGO's daily work as volunteers with specific frames and goals of a given project. At the same time, they will get to know the community and share their ideas for social campaigns with them. It is highly recommended to make use of this time to create some content which later might be used for social campaigns.

Work with community organizations, part 2

OR

Day Off (depending on the organizations)

9.00 - 18.00	Work with community organizations (TBC)	Different Locations
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Tuesday, June 13, 2016

Fellows will share with each other their results and the content they created so far.

Social and Advocacy Campaigns

9.00 - 10.30	Me and the Group HIA Poland Staff	Menora
10.30 -13.00	Implementation	Menora
	Lunch break	
14.15 - 18.00	Implementation	Menora

Wednesday, June 14, 2017

During this day, fellows continue they work on the campaigns. HIA Staff will meet with each group on their request for feedback session. By this day, the fellows have started their campaigns and published first content on-line or off-line.

Social and Advocacy Campaigns

09.00 - 13.00	Implementation	Menora
	Lunch break	
14.15 - 18.00	Implementation	Menora

Thursday, June 15, 2017

During this day, fellows continue they work on the campaigns. HIA staff will meet each group on their request for feedback and implementation session.

Social and Advocacy Campaigns

09.00 - 18.00	Implementation	TBA
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Friday, June 16, 2017

We will have a chance to talk with dr. Judith Goldstein about HIA activities, vision and its contribution to human rights education. Fellows will present their Action Project ideas.

Reflecting on Further Actions

9.20 - 9.40	Introduction by HIA Poland Staff	Menora
9.40 - 11.00	Let's Talk about HIA and Activism Beyond <i>dr. Judith Goldstein, Founder and Executive HIA Director</i>	Menora
	Break	
11.15 - 12.45	Action Projects: How to Link Output Phase with One's Activism? Part 2 Presentations of Action Project Ideas and Fellows' Discussion	Menora
	Lunch Break	
14.00 - 18.00	Implementation	Menora

Saturday, June 17, 2017

During this day fellows continue they work on their campaigns. HIA Staff meet with each group on their request for feedback session.

Social and Advocacy Campaigns

09.00 - 15.00	Implementation	TBA
18.00	Meeting the Senior Fellows - – Barbecue	PM

Sunday, June 18, 2017

Day Off

Monday, June 19, 2017

The fellows are requested to work on their final presentations in the Pecha Kucha format, which will introduce the public into their work and findings/results. Each group will have ca. 7 minutes.

09.00 - 18:00	Implementation	TBA
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Tuesday, June 20, 2017

This day is meant as a celebration of the whole fellowship as well as the show-time ☺. The fellows should do their best to share their findings and ideas with others in an interesting and engaging manner. It will be also a time for collective brain-storming/feedback on how to make the already existing ideas more effective and interesting.

Presenting Campaign Results

17.30 - 17.40	Welcome & Introduction HIA Poland staff	ACF
17.40 - 18.00	Challenges of Hate Speech and Discrimination in Poland - the Role of Commissioner for Human Rights and the Civic Society (key note speech) <i>Adam Bodnar, PhD, Commissioner for Human Rights, (TBC)</i>	ACF
18.00 - 18.40	Presentations, Session 1 Groups 1 to 4	ACF
	Break	ACF
19.00 - 19.40	Presentations, Session 2 Groups 5 to 8	ACF
19.40 - 19.55	Q&A	ACF
19.55 - 20.00	Summary & Closing	ACF
20.30	Farewell Dinner	ACF

Wednesday, June 21, 2017

The aim of the meeting is to share impressions after the whole experience, exchange some ideas for improvement of the program for the future as well as to fill in a feedback questionnaire. Finally, the details regarding the travel to International Conference will be discussed.

Closing of the Warsaw-based 2016 Fellowship

12.00	Lunch	PM
13.00 - 15.00	Sharing Impressions, Evaluation & Closing Remarks	PM



Thursday, June 22, 2017

Group Travel to Berlin

8th Humanity in Action International Conference in Berlin, Germany

Thursday, June 22, 2017 – June 25, 2017

A separate schedule will be handed in

Sunday, June 25, 2017

Fellows' Travel Back Home

1.1. Venues

Humanity In Action Poland office (HIA Poland)

Konwiktorska street 7, Room 43/7

00-216 Warsaw

Phone / fax: +48 22 635 01 50

Menora InfoPoint (Menora)

Plac Grzybowski 2

00-109 Warszawa

Państwomiasto na Trawie (PM)

Jazdów street 3/12

00-467 Warszawa

Museum of the History of Polish Jews POLIN (Polin)

Anielewicza street 6

00-157 Warsaw

www.polin.pl

Office of the Commissioner for Human Rights (CHR)

Długa street 23/25

00-090 Warsaw

www.rpo.gov.pl

Polskie Forum Migracyjne (Polish Migration Forum Foundation – PMF)

Szpitalna street 5, app. 4

00-031 Warsaw

www.forummigracyjne.org

Austriackie Forum Kultury (Austrian Culture Forum - AFK)

Próżna street 7/9

00-107 Warsaw

www.austria.org.pl

1.2. Code of Conduct for Program Participants

Humanity in Action is committed to providing an environment that is respectful to all those involved in its programming. Fellows are ambassadors of Humanity in Action and should demonstrate appropriate conduct in the programs and in public. This Code of Conduct describes Humanity in Action's expectations for Fellows' behavior throughout their time in the programs.

Respect for Staff and Peers

Humanity in Action expects Fellows to approach each other and Humanity in Action staff with respect. The themes presented during Humanity in Action programs are challenging and often highly sensitive. Fellows must approach discussions with maturity, honesty and an openness to explore their own perspectives and those of others. Humanity in Action expects Fellows to engage in these highly sensitive discussions in ways that are constructive for the entire group. Fellows should approach Humanity in Action staff in respectful manner and acknowledge their role in leading and facilitating the program, as well as setting particular expectations towards fellows. Fellows are expected to take jointly with Humanity in Action staff responsibility for some of the logistical arrangements of the program including helping in preparing the rooms for program activities, keeping the tidiness, preparing amenities for coffee and tea breaks etc.

Respect for Speakers

Humanity in Action expects Fellows to approach speakers with respect and with a desire to learn – even from speakers with whom they strongly disagree. Humanity in Action does not assume that Fellows will agree with the viewpoints presented by all speakers. In these cases, Humanity in Action encourages Fellows to vocalize their disagreements but to do so in a respectful manner.

Fellows may attend sessions during the programs that are confidential, off-the-record or sensitive in subject matter. Humanity in Action expects Fellows to follow the requests of speakers and the program staff regarding confidentiality, attribution and social media.

Respect for Host Families and Other Accommodations

Humanity in Action expects Fellows to approach their places of accommodations – whether hotels, hostels, homestays or other locations – with respect and to comply with any associated rules. Non-Fellows cannot stay overnight in any Humanity in Action-sponsored accommodations without pre-approval from program staff. If placed in homestays, Fellows should be sensitive to their hosts' expectations and show an openness and eagerness to get to know the person or family.

Cultural Sensitivity and Adaptability

Fellows must be sensitive to cultural differences and recognize that some of the behaviors that they may find uncomfortable pertain to a different cultural context. Although cultural misunderstandings may occur – during and outside the program – Fellows should always show respect and a willingness to understand these cultural differences.

Timeliness

Fellows are expected to attend each scheduled session at the designated time. Should a Fellow need to be late, the Fellow should contact program staff in advance. Program staff may excuse absences on a case-by-case basis. Persistent lateness or absences will not be tolerated and could result in dismissal from the program.

National Law

All Fellows are subject to the laws governing the countries where their programs take place and are susceptible to the associated penalties should those laws be broken.

Alcohol and Drug Usage

Fellows must follow the laws governing alcohol and drug usage in the country of their program. Fellows found breaking a host country's laws may face local legal consequences and/or dismissal from the program. Humanity in Action strongly discourages the use of drugs and irresponsible and excessive alcohol consumption during the program. Fellows are ambassadors of Humanity in Action and should demonstrate appropriate behavior.

Harassment

Humanity in Action is committed to providing an environment where people can interact comfortably and free from any form of harassment, sexual or otherwise. Such offensive behavior may relate to race, gender, sexual orientation, religion, national origin, disability, or other protected statuses. Humanity in Action prohibits offensive behavior and remarks in the program involving Humanity in Action Fellows, staff, interns, visitors, speakers and/or third parties. Reported cases of harassment will be promptly investigated by Humanity in Action. Fellows who are found to have engaged in acts of harassment are subject to penalty including dismissal from the program and legal action.

Relationships

Humanity in Action prohibits Fellows from engaging in romantic or intimate relationships, suggestive or otherwise, with program staff (directors, coordinators and interns) during the program.

Adjudication

Fellows are encouraged to report immediately any issue or concern to program staff or Humanity in Action staff. Humanity in Action will investigate each reported case and will take appropriate actions.

Fellows who fail to comply with Humanity in Action's Code of Conduct will be subject to penalties that will be determined on a case-by-case basis by the program staff and Humanity in Action staff including the Executive Director. Penalties can include immediate dismissal from the program. Program staff will adjudicate minor behavioral issues on a case-by-case basis. For exceptional violations of the Code of Conduct, the Executive Director will immediately be called upon to intervene, which could lead to a Fellow's immediate dismissal from the program.

1.3. The List of Obligatory Readings

Input phase

1. [Poland on the Move: Experts and Young Leaders on Multiculturalism, Transformation, and Activism](#) by Monika Mazur-Rafał and Magdalena Szarota (eds). Humanity in Action Poland 2014,
 - a) Polish National Identity by Zdzisław Mach, p. 42-52
 - b) Newly Discovered Multiculturalism: Minorities and Immigrants in Post-Communist Poland by Małgorzata Głowacka-Grajper, p.60-72
 - c) Poland: Challenges. Hate Speech as a Case Study by Anna Stefaniak and Michał Bilewicz, p. 77-91
2. [Diminishing Solidarity: Polish Attitudes toward the European Migration and Refugee Crisis](#) By Bart Bachman. Source: Migration Policy Institute, 2016.
3. [As well as protesting, Poles need to strengthen their state](#) by Timothy Garton Ash. Source: the Guardian, 2017.
4. [Towards An Illiberal Future: Anti-Genderism and Anti-Globalization](#) by Agnieszka Graff, and Elżbieta Korolczuk. Source: Global Dialogue, 2017
5. [Poles Apart, Source](#): Al Jazeera (text and documentary, 2016)
6. [PiS and Polish History. How the Party Uses the Past to Shape the Present](#) by Mateusz Mazzini, Foreign Affairs, 2017.
7. [Contempt Speech, Hate Speech. Report from research on verbal violence against minority groups](#). Stefan Batory Foundation, 2017
8. [The Roman Catholic Church in Poland and the Dynamics of Social Identity in Polish Society](#) by Zdzisław Mach. Source: www.ces.uj.edu.pl
9. [10 Stages of Genocide](#) by Gregory H. Stanton - Genocide Watch, 1998
10. [Are we heading towards a 'post human rights world'?](#) by Imogen Foulkes, BBC News, 2017

Output phase

1. [Visualising Information For Advocacy](#) by Stephanie Hankey, Tom Longley, Marek Tuszyński, Maya Indira Ganesh. Tactical Technology Collective, October 2013, first edition, p. 4-15, 73-92
2. [Interview with community organiser, strategy consultant & trainer Tara Dickman](#)
3. [The Experiment](#) by Lithuanian Centre for Human Rights (with a video)
4. [Citizen Journalism](#) by Paul Lewis
5. [Why Videos Go Viral](#) by Kevin Allocca. Source: TED
6. [Online Social Change: Easy to Organize, Hard to Win](#) by Zeynep Tufekci. Source: TED

7. [The LOLs of Nations: Understanding Global Memes](#) by Andres Monroy-Hernandez, Ben Valentine, Elena Agapie, Katy Pearce
8. [Windows Movie Maker Tutorial](#)
9. [Shooting Video with an Iphone](#)

Obligatory readings for all European programs:

1. [Beyond the Origins of Totalitarianism](#) by Karen J. Greenberg, The New Republic, 2017.
2. [Why Americans Vote 'Against Their Interest': Partisanship](#) by Amanda Taub, The New York Time, 2017.

Optional but highly recommended readings:

Input phase

1. [Why Poland? Why Workers? Why 1980?](#) By Timothy Garton Ash, Source: "The Polish Revolution: Solidarity", Penguin Books, 1999
2. [Polish National Culture and its Shifting Centres](#) by Zdzisław Mach, Source: www.ces.uj.edu.pl
3. [Anti-Semitism in Poland: Economic, Religious, and Historical Aspects](#) by Michał Bilewicz
4. [Poland's war with Jan Tomasz Gross](#) by David Liebers (HIA Senior Fellow)
5. [Re-Presenting the Shoah in Poland and Poland in the Shoah](#) by Anna Maria Orla-Bukowska
Source: "Re-Presenting the Shoah in Poland and Poland in the Shoah, Representing the Shoah in the 21st Century", Berghahn Books, 2003
6. Story of a Secret State: My Report to the World by Jan Karski. Published by Penguin Classics, 2010
7. [Papusza](#), Joanna Kos-Krauze, Krzysztof Krauze, 2013
(a biographical film about a Roma poetess Bronisława Wajs aka Papusza)
8. [Solidarity According to Women](#), Marta Dzido, Piotr Śliwowski, 2014 (a documentary film about women from the Solidarity movement who were later erased from official historical accounts)
9. [Ida](#), Paweł Pawlikowski, 2013
(an Oscar-winning drama about difficult Polish-Jewish relations)
10. [Jack Strong](#), Władysław Pasikowski, 2014
(a political thriller about a Polish spy of the Cold War era, colonel Ryszard Kukliński)
11. [Pokłosie/Aftermath](#), Władysław Pasikowski, 2012
(a drama about the 1941 Jedwabne pogrom of Jews)
12. [The Pianist](#), Roman Polański, 2002
(an Oscar-winning biographical drama about Władysław Szpilman, a Polish-Jewish pianist living in Warsaw Ghetto)

13. [Witness to Hope](#), Judith Dwan Hallet, 2002
(a biographical film about Pope John Paul II)
14. [Susan Benesch On Dangerous Speech And Counter-speech](#) by Ethan Zuckerman
15. [Let's Take Back The Internet!](#) by Rebecca MacKinnon
Source: TED
16. [Dreamers, Rebels, Diplomats. Social-Activism in East-Central Europe. Two generations of female activists by](#) Agata Chełstowska, Aleksandra Niżyńska. Source: Institute of Public Affairs, 2014
17. [The Role of History in Education against Discrimination](#) by Monique Eckmann.
Source: "Human Rights and History. Challenge for Education", Foundation "Remembrance, Responsibility and Future", Berlin 2010
18. Human Rights in Polish Foreign Policy after 1989 by Agnieszka Bieńczyk-Missala. Published by The Polish Institute of International Affairs, 2006.
19. Small Acts of Resistance: How Courage, Tenacity, and Integrity Can Change the World by Steve Crawshaw and John Jackson. Published by Union Square Press, 2010.

Output phase

1. [Social Side of the Internet](#) by Lee Rainie, Kristen Purcell and Aaron Smith
Source: Pew Research Center's Internet & American Life Project
2. [The Price of Shame](#) by Monica Lewinsky
Source: TED
3. [No Hate Ninja Project](#)
4. [Surfing the Net: A Pathway to Participation for the Politically Uninterested?](#) by Rosa Borge and Ana S.Cardenal
Source: Policy & Internet: Vol. 3: Iss. 1, Article 3. (2011)
5. [Social Physics: How Good Ideas Spread](#) by Sandy Pentland
Source: Talks at Google
6. [KONY 2012 May Be Flawed, But Slacktivism Isn't the Enemy](#) by Zoe Fox (with 'The History of Online Activism' slideshow)
7. [Can #ShoutYourAbortion Turn Hashtag Activism Into a Movement?](#), source: The New Yorker, 2017
8. [In Defense of 'Slacktivism': The Human Rights Campaign Facebook Logo as Digital Activism](#) by Stephanie Vie Source: First Monday (2014)
9. [Lead Like the Great Conductors](#). Source: TED

1.4. Fellows' Discussions, Blog and Social Media Posts

All HIA programs are built upon on an active involvement of fellows so that the fellowship experience can be even more enriching. Every fellow is expected to lead a Fellows' Discussion and/or write a blog post. A sign-up list for these assignments will be handed to you separately.

Fellows' Discussions

Almost each day of the input phase, usually between 3 p.m. and 6 p.m., there will be time for the Fellows' Discussion. It is a moment for fellows to discuss important issues of the given day and/or to continue the discussions started during previous sessions. Fellows' Discussions are facilitated by fellows (one or two). The role of the Fellows' Discussion facilitators is to prepare and plan the format of the discussion and to lead the meeting. One day before the discussion, the facilitator or facilitators need to consult their ideas with the HIA staff. This will give you an opportunity to receive feedback on the planned discussion format and subsequently, to improve the details.

Tips for the facilitators of the Fellows' Discussions:

1. Prepare yourself well for the Fellows' Discussion. It is very important to have a specific plan and prepared intros/guidelines for the fellows. Therefore, prepare a concise and clear intro to inform other fellows how the meeting will look like.
2. Prepare the specific subject of the meeting and specific questions to begin the discussion and to move it on if suddenly it stops.
3. Include different methods/forms of activities such as: work in small groups, debates (for example Oxford-style debate, yes/no debate), brainstorming, discussion on the forum (with flipchart), role play, mind map, visualization (poster, comics, collage, photos), drama, film, simulation games. Try to combine a few different forms during a Fellows' Discussion.
4. Consider a few possible scenarios of the meeting as the discussion can go into different directions.
5. Remember that fellows are likely to be a bit weary after the whole day of sessions. This is why you are encouraged to include some entertainment at the beginning of the session such as energizers or some physical activity. Include it in your agenda.
6. Take care of the atmosphere of the meeting. Let everyone feel safe, included and active.
7. Before you ask HIA staff for feedback, please prepare the written agenda of the meeting according to these guidelines:
 - What is the purpose of the meeting?
 - What kind of methods would you like to use?
 - What results would you like to achieve?

Blog Posts

Each fellowship program has its own blog website. This years' blog you can find here: www.hiapoland2017.blogspot.com. We aim to make the blog an open venue for your opinions and sharing your experience gained during the program. Your role is to share the insights and different perspectives (of speakers, other fellows, and yours) on issues raised during the given period of the program.

Remember that your audience is not only the HIA network, but also the general public. We highly advise you to follow the "so what?" rule ☺ which says that a good journalist should always make sure that the article brings an added value to the readers. In this context, Barbara Frum, a Canadian journalist, once said 'tell me something new about something I care about'.

The text should consist of interesting quotes, observations and raised questions. It should not be longer than 1 page in WORD format single spacing (500-800 words). A complete blog post consists of:

- a catchy title,
- an appealing lead,
- an interesting content,
- an attention-grabbing ending,
- last but not least, attractive photos,
- last but not least, short videos are highly welcome.

We strongly advise you to take a look at our previous blogs to get an idea how it could be done, though, we encourage fresh, new ideas. Each blog post should be accompanied with 3-5 photos (in separately attached image files). The deadline for submitting each entry via email (to Przemek, Sylwia, Monika and Alicja) is 7 a.m. the day following your duty.

1.5. Output Phase in Detail

The aim of the output phase is to provide the fellows with the opportunity to enhance a wide array of skills, necessary to effectively respond to discrimination and hate speech both off- and on-line. The fellows will design and run a social campaign tackling an important issue, responding to challenges of hate speech/discrimination as well as raising awareness on human rights. As these are the key activities of any social activist, the skills and experiences will enhance fellows' development.

Fellows' Assignment in the Output Phase:

HIA Poland expects each group to deliver the following:

- 1) **A concept of a social media campaign, followed by testing the ideas and implementation.** All fellows will work in international teams of three. HIA Poland will

be responsible for creating the teams, though the fellows will have a chance to share their thematic preferences. In order to help fellows design effective campaigns, HIA Poland will provide the program participants with training on social campaigns. The fellows will then cooperate closely with trainers. When it comes to the campaign, it should consist of a combination of both off- and on-line actions. In specific terms, HIA Poland expects from each working group at least 5 pieces of visual elements, including at least one short video. Each campaign should be presented on-line on such a platform that it would be possible to easily identify the outreach in numeric form as well as public reactions to subsequent pieces of work uploaded by the teams. Thus, we highly recommend using/starting a **Facebook page** (as your campaign idea, while developing it, may change substantially during its initial phase, please note that Facebook allows you to adjust the title of the page). The page should serve as a platform for testing several ideas and as the major channel through which public attention could be attracted.

Regarding the campaigns, each group is expected to achieve visibility of at least 3000 viewings/reach (in total, all posts combined) and ideally at least 200 likes/subscribers/followers by each group. Going beyond this level would be highly appreciated as we think that your messages should go far beyond your family and friends circles☺ HIA Poland will support your efforts in attracting public attention. **Remember: we are here to help you – if you encounter any difficulties (regarding post reach, group work, etc.), please, contact Sylwia or Przemek.** Try to approach this task not as a dreary assignment but rather as an opportunity to speak up about important issues. And if you decide to continue with your campaign afterwards, we'll all be on cloud nine! More details will be shared at the later stage.

- 2) **A presentation** of results, aptly summarizing and synthesizing what you experienced, learned and achieved during the output phase in an engaging and attractive form. As tradition has it, the presentations will take place during a final celebration, for which we will guests, friends and speakers. Let's celebrate the results of your hard work! When it comes to practical details, we highly recommend a Pecha Kucha format. Each group will have ca. 7 minutes of time, during which all group members should have the chance to present. We recommend to work on presentations and rehearse on June 20. The celebration will take place on June 20. The final presentation files (in PDF, Power Points, video or other Windows system-compatible file formats) should be delivered by **10 AM on June 20.** More details will be shared at the later stage.
- 3) **A report** summarizing the process of developing and implementing social campaigns and its major parts (graphic and films). Firstly, the report should briefly present a particular problem (characteristics of hate speech and discrimination towards a chosen group) and discuss the existing research and observations of representatives of a given group. Secondly, present some of your visual work and explain your key campaign ideas. Try to present some other campaigns that inspired your thinking. If possible, include some innovative strategies of counteracting hate speech in various countries and settings together with own thoughts and comments on what kind of reactions they could evoke on the part of the social media users. Thirdly, share your experiences of

the implementation phase. Which of your assumptions turned out to be right? What were the reactions to your social media content? What feedback did you get from the training team? Did you modify your work? If yes, how? Fourthly, what were the lessons learned and what kind of advice could you give your peers engaged in social campaigning? As a result, such a report should give the readers some insight into what innovations your group has developed and what were the key turning points in this week-long process of testing various visual ideas. Last but not least, present how your campaign ideas could be transformed into sustainable long-term activities, and how other people could join in or assume responsibility to develop the initiatives further. As for the form of this report, it could consist of not only a text, but also include visuals (e.g. pictures of the group work or visual content of your FB page). As far as the text is concerned, it doesn't have to be very long but definitely, should not be shorter than 3 pages (single spacing, WORD format) and should be delivered in three installments:

- 1) theoretical framework by **June 14;**
- 2) campaign idea(s), impact indicators and implementation plan by **June 18;**
- 3) final remarks – what proved successful and what could be improved by **10 AM on June 20.**

Please make sure you do not forget about an interesting/catchy title, pictures, visuals, footnotes and bibliography☺ After the program HIA Poland staff will give you feedback on the first drafts of those texts and all the authors will be asked to modify their pieces accordingly. Only then the texts will be considered final/public versions. By 'public' we mean that they will be published in an activist toolkit so please, try to make it useful for the generations of fellows to come – **own your failures, celebrate your successes, mention what did work and what could work better.**

- 4) **A blog entry**, accompanied with 3-5 photos (as separately attached files) and delivered by **10 AM on June 20.** The aim of the entry is to present the group work during the output phase from personal/activist perspective. In specific terms, the entry should consist of your personal impressions/reflections upon your experiences, interesting quotes of persons you have encountered and own observations regarding the whole output phase. What were the challenges you met? How did you manage to overcome the difficulties? How did you come up with the major idea? The text should not be longer than 1 page in WORD format single spacing. A complete blog entry consists of:
 - a catchy title,
 - an appealing lead,
 - interesting content,
 - an attention-grabbing ending,
 - last but not least, attractive photos and visuals.

We strongly advise you to take a look on our previous blogs to gain an idea how it could be done. Yet, we hope for fresh ideas as well☺

Topics of campaigns:

Your campaigns should focus on groups that are frequently an object of hate speech and discrimination in contemporary Polish society, and who, in many cases, since WW2 were treated as scapegoats. Therefore, we suggest the following themes (in random order):

- 1) Jews,
- 2) LGBTQI+ persons,
- 3) Refugees/Migrants,
- 4) Women,
- 5) Other underprivileged communities.

Please, be aware that we expect you to look for specific issues/aspects within this larger theme. Also, you are most welcome to continue your work on the campaign after the fellowship, take it home or to other countries and make it big and more impactful.

Output Phase Expenses

In order to support you in your quest for creating an interesting social campaign, we will give each group the budget of 150 PLN. It is your decision how you prefer to use it (e.g. necessary props, Facebook ads). However, we advise to SHARE your plan with HIA staff before making any spending simply because your spending is connected to our financial reporting and must be aligned with our financial reporting constraints. Remember: you must document your spending with invoices issued in line with the guidelines to be given by HIA staff. **Without documentation (invoices), no reimbursement will be possible ☹**

1.6. Action Projects

We hope that the HIA Poland's Fellowship will provide you with the necessary knowledge of the key problems in Polish society within the broader framework of human and minority rights and will inspire your ideas for Action Projects. Hate speech and discrimination are human rights problems present in any contemporary society and thus, we encourage you to draw upon this experience in two alternative ways. Firstly, in case of the guest-fellows we would like you to explore these problems in your society/local community and act against human rights infringement using skills gained/developed in the fellowship. Secondly, when it comes to Polish fellows, we would like you to invite you to continue the campaigns and develop/implement their 2.0 version.

In general, implementation of Action Projects constitutes a vital part of what Humanity in Action programs are about – namely, taking action in the field of human and minority rights. More specifically, this *action* will take the form of your outreach project, which should be implemented within a year after the end of the program.

A description of your Action Project will be posted on the HIA website. We use the archive of hundreds of Action Projects—implemented by American and European Fellows, in their countries and abroad—as a resource for future HIA Fellows and the broader public, so that both audiences can enhance their social action through our collective resources. All Action Projects implemented by fellows should be publicly identified with HIA. Make sure that proper documentation is made (e.g. press releases, photos, short films etc.).

Furthermore, if possible, HIA Staff and Senior Fellows would like to participate in the events related to the Action Project (e.g. if it is a conference, workshop, lecture), so please keep us updated about such events. Ideally, please contact HIA already at the stage of planning 😊

Why does HIA oblige its Fellows to complete an Action Project?

There are three goals that HIA seeks to accomplish through the creation and completion of an Action Project:

- *Individual Impact*—HIA believes that the skills and self-knowledge you gain through conceiving and executing a successful Action Project are an essential part of your HIA education—as well as your development as a leader and innovator in the field of human rights, or in any discipline you choose to pursue. It is our hope that the Action Project will help move your HIA experience from one of educational inquiry to action.

Moreover, the Action Project will provide you with personal experience in using the HIA network—its global network of experts in academia, business, government, journalism,

media, law, and civil society—to set a standard and approach for collaboration as you build on your personal and professional goals in the years ahead.

- *Public Impact*—It is HIA's mission to prepare young leaders to make a public impact in the field of human and minority rights. The Action Project is a small, yet meaningful demonstration of our Fellows' capacity to engage in this work. Thus, Action Projects should be designed to impact on public debate in your (local) community or to address specific social or civic barriers that you choose to focus on through your initiative.
- *Institutional Impact*—Action Projects are a means of connecting you with Board Members, Senior Fellows, and experts, and of expanding the intellectual and social capital of the HIA network. Our hope is that the Core Fellowship and the Action Project are merely the beginning of a sustained partnership with HIA. Of equal importance, Action Projects are also a key way for HIA to demonstrate the impact and significance of its programs to the broader public and to financial supporters. Therefore, it is HIA's goal to learn how we can be supportive of the personal and professional goals of Fellows in our network.

To make the whole process easier for you we recommend doing the following steps:

- 1) **PROBLEM IDENTIFICATION:** try to find a problem in the field of human and minority rights that is particularly important for your local community e.g. university, neighborhood, student association, or your group of peers. Please reflect on why you consider the problem to be important.
- 2) **SEARCH FOR SOLUTIONS:** think of possible solutions to the problem, and select only the ones which are possible to apply from your side. Note that it does not have to be anything big, e.g. you can address lack of information on a specific topic through a small information campaign, a panel discussion, an article, or a local meeting of people who usually do not talk to each other.
- 3) **TAKE INTO CONSIDERATION YOUR LIMITS:** please adjust your ideas to your possibilities, remember that your activities should be effective and should have a measurable impact, but they should not demand too much time and/or money. In most cases, low-budget, local activities are the most feasible ones.
- 4) **BE CLEAR ABOUT OUR EXPECTATIONS:** HIA does NOT want you to prepare an Action Project DURING the program. It is your task and your responsibility AFTER the program. During the program we would like you to:
 - develop the initial idea and discuss it with HIA (staff fellows) during the designated program sessions,
 - be more clear about your ways of implementation: make a list of the necessary actions, which may include a timetable, recruiting a project team, possible networking within HIA Fellows, dividing tasks, preparing a preliminary budget, identifying potential sources of funding, etc.,

- ask questions on your prospective Action Project to make sure you understand the HIA expectations.

Reporting about Action Projects

Due to internal division of tasks between the HIA offices there is a principle that Polish and Ukrainian Fellows report to HIA Poland, American Fellows report to the HIA USA, German Fellows and Greek Fellows report to the HIA Germany, so please keep in mind that the requirements below concern Polish and Ukrainian Fellows.

Key dates

- May 31 and June 16, 2017: two Fellowship sessions which will focus on explaining the HIA expectations, exchanging of your initial ideas and developing them. Be prepared to give short presentations on what you are planning to do ☺
- date to be announced: a 100-word summary of your Action Project,
- Fall 2017 (specific date to be announced): completed final Action Project form,
- Fall-Winter 2017: consultations with respective HIA offices, Senior Fellows & friends,
- July 2018: Final reports about Action Project completion.

In case you need more time to implement your Action Project, you'll need to contact the Program Director for the approval before the deadline, preferably around February/March 2018.

What resources are available for your Action Project?

There is significant intellectual and administrative capital within the HIA network that we encourage you to draw upon. It is vital for HIA to support you in using the following resources to your advantage.

- *Senior Fellows*—There is a broad range of professional and academic expertise within the community of Senior Fellows. We encourage you to network with Senior Fellows who have designed successful Action Projects in prior years, as well as with those Senior Fellows who have professional experience that will enhance your project. The national Senior Fellows associations in Europe and the United States will be an immediate source of support for you.
- *National Directors*—The Directors of your home country are a great resource for learning about past successful Action Projects, as well as national resources (experienced Senior Fellows, experts, partner organizations) and external funding sources that might be available for your initiative.
- *HIA community*— HIA staff in the United States and Board Members. They might help you to connect with the Senior Fellows, experts, or partner organizations from the

global network. They might also support your application for outside funding to conduct an action project.

1.7. Post-Program Requirements

Apart from the obligation to implement your Action Project, HIA expects you to help the organization to evaluate the program by:

1. Contributing to the project evaluation (sharing your observations in constructive manner, completing the evaluation survey etc.),
2. Writing a letter to HIA Board Chairs in which you give an impression what was your program experience like. In the letter you could praise the positive aspects and give critical insight on what should be changed on the Fellowship and its components. It is crucial for us to receive honest feedback from you in order for HIA to progress. More information will be given during the Fellowship. Deadline for Letters to the HIA Chairs is July 31, 2017.

1.8. Senior Fellows' Network

All the HIA Senior Fellows are strongly encouraged to stay in touch with any Senior Fellow Network and take action! Please remember that you can cooperate with any of the existing national Senior Networks (for example, if you happen to live in one of these countries for some period of time). As for becoming a member for practical reasons, Poles and Ukrainians are advised to become members of the Polish Senior Network, Germans of the German Senior Network, Greeks of the Greek Senior Network and Americans of the American Senior Network. You become a Senior Fellow after completing your Action Project.

1.9. Internships

There is a wide variety of very interesting internships for HIA Senior Fellows, such as: The Pat Cox HIA Fellowship Program in the European Parliament in Brussels, Congressional HIA Fellowship Program and others. Please note, however, that only fellows who have participated successfully in the HIA core program and who met all the requirements are eligible to apply for internships. In order to maintain a high quality of internships, we try to ensure that the best candidates are chosen. Therefore, the recruitment process is highly competitive. HIA national staff is always asked for feedback and recommendations about fellow's overall performance during the program, the implementation of the Action Project as well as the involvement and the engagement in the HIA network.



2. People

2.1. HIA Poland Staff



Monika Mazur-Rafal

President of the Managing Board and Director

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Email: m.rafal@humanityinaction.org

Winston Churchill once said that attitude is a little thing that makes a big difference. Having witnessed systemic changes in Poland, Monika became fascinated by politics and studied international relations with a focus on German studies and European integration. As her interests were broad, she graduated with two master's diplomas from the Warsaw University and Warsaw School of Economics/Sciences Politiques Paris. Later on, Monika took part in international exchange programs, first at Free University Berlin and then at Humboldt University Berlin combined with working at one of the parliamentary offices in the German Bundestag. Subsequently, she wanted to find ways of putting the gained knowledge into practice, she started working at a think-tank – the Center for International Relations, and after that, she worked at the International Organization for Migration, where she was a project coordinator and a researcher on migration policy issues. Since 2005 Monika has been involved in developing Humanity in Action Fellowship in Poland and subsequently established Humanity in Action Poland. Since then, she has been responsible for leading its educational programs and serves as its President and Director. Over the years, while leading Humanity in Action Poland, she developed special interest in the field of linking history and human rights education, and thanks to practice and dialogue with other experts from Poland and Europe, she built substantial expertise in designing teaching methods and practical curricula. In her very limited spare time, she enjoys reading, diving and snowboarding. Monika is a passionate dancer.



Magda(lena) Szarota

Board Member & PR and Communications Director

Email: m.szarota@humanityinaction.org

Magdalena likes creating something out of nothing. Cofounder and member of the Management Board of the Association of Disabled Women ONE.pl, the first organization in Poland to deal with the issue

of double discrimination grounds of gender and disability. Co-creator of the first edition of the Ashoka Foundation Academy of Innovators for the Public in Nepal. She lived and worked in Asia, USA and Europe. Interdisciplinary and intercultural activities are her passion, especially when they offer an opportunity to combine activism, art and science. Hence her involvement in Humanity in Action. Since 2006, when she co-created this organization in Poland with Monika; she has served as a member of the Management Board and Communications and PR Director. She initiates and contributes to educational and activist projects as part of the foundation. A supporter of the work of activists as part of Humanity in Action, she has many years of experience as a trainer and tutor both in Poland and abroad. She is an author of various publications on human rights and a certified trainer of Polish Humanitarian Action, a graduate of the Ashoka Foundation Academy of Innovators for the Public and an activist involved with the Helsinki Foundation for Human Rights. Magdalena is also a dual PhD candidate at the Lancaster University in the UK and at the Graduate School for Social Research, the Polish Academy of Sciences. Recipient of scholarships from: Yale University, the Kościuszko Foundation, the Ministry of Science and Higher Education, the University of Warsaw, the American Embassy in Poland and the Ashoka Foundation. She is a winner of the of the Servas International prize for young activists. Magdalena is also an avid skier, juggler, & photographer who loves the wilderness.



Przemysław Iwanek

Social Media Director and Project Manager

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Email: p.iwanek@humanityinaction.org

Przemek comes from the small town of Lubartów, located in the eastern Poland. He is particularly interested in politics, media, as well as the history of Holocaust, World War II, Polish-Jewish relations and their links to contemporary human rights issues and education. He earned a MA degree in political science at UMCS Lublin in 2009, and additional MA in sociology/public policy and administration at Warsaw's Collegium Civitas in 2013, and also studied at Tübingen University in Germany for one semester. Przemek's Humanity in Action story started in 2007 in Warsaw, where he completed the HIA Fellowship Program. A half year later, he became a Lantos Fellow in the U.S Congress, where he worked on the Eastern European portfolio of the House Committee on Foreign Affairs. Later on, he worked at the European Meeting Center–Nowy Staw Foundation in Lublin, the Polish Ministry of Labor and Social Policy, History Meeting House in Warsaw and at the European Magazine Media Association/Future Media Lab in Brussels. In 2013, he joined the Humanity in Action Poland staff. Additionally, he

is also associated with the office of the European Council on Foreign Relations in Warsaw, and enjoys public speaking events & workshops at the Toastmasters International.



Sylwia Wodzińska

Program Coordinator

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Email: s.wodzinska@humanityinaction.org

Sylwia Wodzińska is a social activist passionate about women's empowerment, a feminist social entrepreneur and an aspiring scholar. She is a co-founder of MamyGłos, an initiative empowering teenage girls in Poland to stand up for their rights and against sexism. A graduate in Linguistics and Cultural Studies, she now pursues a PhD in Sociology, researching group dynamics of the Palestinian and Israeli migrants in Berlin. She lived, studied and worked in seven countries on four continents. Having completed her HIA Fellowship (Warsaw 2014), Sylwia volunteered in refugee camps, published an interactive book on Jewish culture in Poland, produced a couple of short films, published articles in scholarly journals, designed a few games and created a few successful products. She is Ashoka Changemaker, the DO School Fellow, and Aspen Institute Fellow. Although goal-oriented, she believes that work should be fun.



Alicja Łuczyńska

Program Intern

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Email: a.luczynska@humanityinaction.org

Alicja is a graduate of Film and New Media Studies of the Jagiellonian University in Cracow and Erasmus scholar at the Universidad da Beira Interior in Portugal. She is a great fan of cinema, serials and good literature. She is a laureate of the "Warsaw in 100 words" contest. Over complaining she chooses actions, so tired of the deterioration of the socio-political situation, she decided to oppose it. Initially, she worked in the film industry as a member of the Student Jury at the Krakow Film Festival, and the Etiuda&Anima Festival or a stage designer assistant and make-up artist (among others for the "Ratujmy Życie" Foundation). Recently, she wanted to contribute to a project which is useful also for other people and she chose to work in the NGO sector. She believes that she can turn her previous experiences into action and support social involvement. She joined the Humanity in Action Poland Team in February 2017.

2.2. Contacts of the Fellows

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4	Sarah Bhatti	Germany	sbhatti@uni-osnabrueck.de	+49 176 459 037 03
5	Robert Brisson	USA	rbrisson@middlebury.edu	+1 802 379 4655
6	Agnieszka Chmiel	Poland	agnieszka94chmiel@gmail.com	+48 503 766 495
7	Alicja Dańkowska	Poland	alicja.dankowska@gmail.com	+48 691 874 762
8	Kalina Dobrowolska	Poland	kalina.dobrowolska@gmail.com	+48 503 177 463
9	Erik Edman	Greece	erik-edman@outlook.com	+32 484 954 545
10	Erika Gallagher	USA	epgallagher@wisc.edu	+1 703 772 0766
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21	Bryan Stromer	USA	bryan.stromer@vanderbilt.edu	+1 917 238 0273
22	Ana-Maria Szilagyi	Romania	ams2444@columbia.edu	+15 516 667 339
23	Yaromyr Udod	Ukraine	yaromyr.leadware@gmail.com	+38 098 986 3516
24	Eleni Zervos	Greece	eleni_zervos@alumni.brown.edu	(01130) 697-578-8345

2.3. Bios of Warsaw Fellows

POLISH PROGRAM FELLOWS



Marilyn Alvarado

CUNY John Jay College of Criminal Justice

Marilyn E. Alvarado is the daughter of a Salvadoran mother and a Honduran father. Her work with Safe Passage Project began as a U-LAMPER (Unaccompanied Latin American Minors Project), which led to her current position as a paralegal. In December 2016, she traveled to Dilley, Texas, to volunteer at the South Texas Residential Facility; a detention center that houses immigrant mothers and children. She is a first generation college graduate from CUNY John Jay College of Criminal Justice. She earned a degree in Forensic Psychology and an honors minor in Latin American studies and Human Services. Throughout college, she became a recipient of the Pinkerton Fellowship and worked with court-involved youth throughout New York City. She was also selected for the Prison-to-College Pipeline Program, where she took courses alongside incarcerated students. Her insight on the U.S. criminal justice system, education, and immigration have inspired her to become an attorney.



Eugenie Becker

University of Osnabrück

Eugenie Becker holds a Bachelor's Degree in Psychology from the University of Groningen in the Netherlands. In 2014, she completed her minor in International Relations and Communication & Design during her exchange semester at Bilkent University in Ankara. She is currently completing her graduate Degree in International Migration and Intercultural Relations at the University of Osnabrück, where she also worked as a student assistant in the „Coordination Refugees“ department of her university. Eugenie is active in various projects on Minority Rights and Anti- Racism. She plans to pursue a career in Social Policy and Intercultural Relations, with a focus on immigration rights from a post-colonial perspective.



Jakub Belina-Brzozowski

Jagiellonian University

PhD student (sociology) at the Jagiellonian University, Cracow. Tired of living in an academic ivory tower. In the course of past few years spent a lot of time among Tibetan refugees in Kathmandu Valley, doing his research about their identity expressed in biographical narratives. Will come to HIA directly from Tbilisi, Georgia where he has been doing his EVS for the last 8 months (youthwork, with the focus on No Hate Speech Movement projects). Passionate about dancing (especially tango and contact improvisation) and football (dedicated fan of Juventus Football Club). He believes in the wisdom of good literature, and treats writers such as Max Frisch, Winfried Georg Sebald or Fiodor Dostoyevsky as an neverending source of wonder and inspiration.



Sarah Bhatti

University of Osnabrück

Sarah Bhatti graduated with a bachelor's degree in Social Work from University of Applied Sciences Jena, where she gained her first experiences in project management and since then especially appreciates the collaboration in interdisciplinary teams. Her research focus lies in the interconnection of various social inequalities and therefore she puts emphasis on an intersectional perspective. Sarah aims for a critical analysis of asylum and immigration laws as well as the implementation of the Geneva Refugee Convention on a national and European level. She is attending the master's programme in International Migration and Intercultural Studies at University of Osnabrück. As a member of the department student's council and the academic commission she advocates her fellow student's interests. She also spent a semester abroad at Corvinus University of Budapest. In her spare time, Sarah engages in the association "Exil – Refugees Centre Osnabrück" as part of the cultural and public relations team.

**Robert "Jack" Brisson**

Middlebury College

A native Vermont resident, Robert Brisson (Jack) is a sophomore at Middlebury College studying French, German, Hebrew and English language through the lens of Comparative Literature. His experience as a homeschooler in elementary school and with alternative education programs in high school has developed his interest in education reform. In addition to academics, Jack coaches and practices the sport of fencing and edits and contributes to the campus literary magazine. After graduation, he plans to explore the intersections between social change, education and the arts.

**Agnieszka "Aga" Chmiel**

Nicolaus Copernicus University

Born and raised in Elbląg, Agnieszka Chmiel is fourth-year student of Law at Nicolaus Copernicus University, specialized in Human Rights. She spent one semester in Zagreb during Erasmus + exchange program. She was an intern at United Nations Information Centre in Warsaw. Agnieszka is a member of Erasmus Student Network. As a ESN Sport NCU Coordinator she co-organized basketball match under patronage of President of Toruń city, "Yoga without borders" under patronage of NCU Rector and the representative of the City Council, in order to promote tolerance in Toruń. As a member of European Law Students' Association in Seminar & Conferences section, she organised the seminar: Racism & Xenophobia in the light of refugees' crisis. Agnieszka is a passionate of bachata, salsa and kizomba dancing. After NCU Agnieszka plans to do legal adviser trainee.



Alicja Dańkowska
Kozminski University

Alicja graduated from Kozminski University in September 2016, majoring in Systemic Management. She had received her Bachelor degrees in two fields: Ethnology and Graphics. Her main academic interests include such topics as: risk management in NGOs, social entrepreneurship and innovation, sharing economy and sustainable development. Since the beginning of her studies she has been involved in a work of several NGOs based in her hometown of Wrocław, where she was responsible for co-organizing cultural events and working with socially marginalized children. She worked in two creative agencies, designing various campaigns. For the last months she has been working with refugees in Zagreb and on the Serbian-Hungarian border. She was also gathering information from volunteers working in the field regarding refugees' situation in European countries, especially in Balkan states. She is interested in an alternative education and in the future would like to take part in creating an experimental school.



Kalina Dobrowska
Uniwersytet Wrocławski

Kalina is currently finishing her master's degree in public policy on Uniwersytet Wrocławski. Before that she gained her bachelor's degree in Occupational Therapy. During her studies she took part in international programs connected with social exclusion (Community Based Mental Health in Nijmegen, Netherlands, and Diversity and Social Inclusion in Budapest, Hungary). She was also a trainer in project "Młodzi w Grze", which was helping to raise civic competences among youth. From the field of Human Rights, Kalina is mostly interested in small excluded groups such as elderly people or mentally disabled people. She is also involved in issues connected with animal rights. Kalina is still not sure what her plans for the future are, but she believes the world is full of opportunities.

**Erik Edman**

University of Exeter

Born and raised in Athens, Erik worked in Brussels for two years after his graduation with an MSc in Political Sociology from the London School of Economics. Having had close contact with EU institutions as part of his job, he is now convinced that society remains excluded from this policy-making environment which is becoming increasingly technocratic and alienating to citizens. That is why he left his position at CSR Europe where he worked with multinational companies to improve their social and environmental sustainability strategies, and joined DiEM25; a political movement aimed at democratising the EU and making it directly accountable to all citizens. His main concern lies with the effects of austerity on Europe's ability to cope with the challenges it faces, and in particular the resulting marginalisation of countries at the European periphery and of minority groups.

**Erika Gallagher**

University of Wisconsin-Madison

Erika Gallagher was born and raised in the Washington, D.C. area to a biracial, large, and diverse family. She is a junior triple-majoring in English Literature, Social Welfare, and Gender & Women's Studies at the University of Wisconsin-Madison, which she attends on a Posse Foundation Full-Tuition Leadership Scholarship. As an Undergraduate Writing Fellow, Erika has conducted preliminary research on code-switching and code-meshing that she presented in Portland, Oregon in March, and she has received both praise and strong critiques from many news outlets in recent months. She is the founder of First GEMs, a group for first-generation college students in the UW-Madison English Department, and is active in the LGBT+ community on campus. Erika enjoys soccer, singing, video games, animals, and slowly dismantling systematic racism and institutional bias. She hopes to pursue a Ph.D in educational policy studies in the future.



Aleksandra "Ola" Holyńska

University of Wrocław

Ola comes from Wrocław in Poland where she graduated in Adult Education and Social Marketing. Currently she is finishing her master degree in Educational Guidance at University of Wrocław. She also spent a semester abroad at Department of Education at Stockholm University. She is a member of Diversja Association which is responsible for Human Library in Wrocław. The project challenges stereotypes and prejudices through dialogue between people. She has conducted many workshops about discrimination as an introduction to Human Library events. She is a teacher in leisure-time centre at elementary school. She conducts workshops about Human Rights, especially Rights of the Child; intercultural society and global education.



Vladyslav "Vlad" Ivchenko

Kharkiv National Pedagogical University

Vladyslav Ivchenko is a social activist and volunteer interested in youth participation, gender equality and intercultural dialogue. He earned a master degree in History with a qualification "Teacher of History" from Kharkiv National Pedagogical University in 2012. From 2013 to 2017 he worked as an education methods specialist at the Kharkiv Teacher Training Institute where he had been conducted monitoring researches in education on the local and national levels. Mr. Ivchenko participated in the European Voluntary Service project "Dialogue for Peace" at the Danish NGO "Crossing Borders" from February to December 2017. He took part in the organization of various workshops and outreach activities for youth. Currently he employed as a Monitoring and Evaluation Officer under Gender-based violence Prevention and Response Protection Program at the International Medical corps based in Mariupol (Eastern Ukraine). Vladyslav intends to continue his educational In October 2017 at the Georg-August-Universität Göttingen (Germany).

**Małgorzata "Gosia" Kot**

The Graduate School for Social Research (GSSR) at the Institute of Philosophy and Sociology of the Polish Academy of Sciences

Małgorzata has been an SRHR youth activist since 2009, engaged in various national and international organizations. She was a member of Ponton Group of Sex Educators and coordinator of ASTRA Youth - network of young advocates for sexual and reproductive health and rights from Central and Eastern Europe and Balkan countries. She represented the network at various regional and international conferences (Women Deliver, AWID 13th International Forum, among others). She's also a member of YouAct - European Youth Network on Sexual & Reproductive Rights. Currently she's pursuing a PhD in sociology and conducting a research on nonheteronormative motherhood in Poland. She's also engaged in volunteering for LGBTQI rights.

**Aleksandra "Aleks" Lekowska**

New York University

Aleksandra (Aleks) Lekowska is a senior at New York University Shanghai, double majoring in Social Science and Global China Studies. Born and raised in Lancut, South-Eastern Poland, she has always been passionate about interactions between cultures and languages. While attending high school at Ecole d'Humanite in Switzerland, Aleks realized that she had a strong academic interest in international development and decided to pursue it in college. While attending NYU Shanghai, Aleks interned at the Polish Consulate General and was involved in a project improving primary school facilities in New Delhi, India as a Deans' Scholar. During junior year, she studied abroad in Accra, Ghana where she interned at the Human Rights Advocacy Centre, as well as in New York where she worked with an NGO supporting Holocaust survivors. As a backpacking enthusiast, Aleks takes every opportunity to travel on a budget without any quite precise itineraries.

**Miłosz Lindner**

University of Warsaw

Miłosz is coming from a southern part of Poland, Silesia. However he has been living in Warsaw for 3 years already. He graduated from the University of Warsaw at the College for Inter-Faculty Humanities. In the mean time he travelled to Bordeaux, France and Tel-Aviv, Israel where he continued his studies. These days Miłosz is participating in some educational projects that he also develops and is working both in a hostel and language schools. Last year he organised a Day of Solidarity with Refugees in his hometown (that counts 4 000 inhabitants), which made him want to pursue introducing global topics to this particular local community. This year, he committed himself to organising an exhibition 'Anne Frank - History now' in cooperation with Anne Frank Museum Amsterdam, Museum Auschwitz-Birkenau and House of Peace Foundation from Wrocław. He hopes that one day he will be able to speak Hebrew fluently.

**Vedika Luthra**

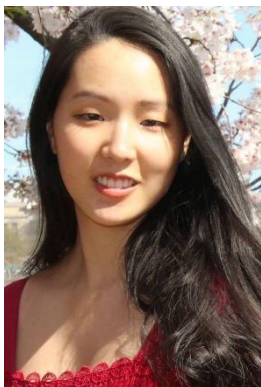
University College Utrecht

Vedika was born in India but moved to Poland when she was 7, and where she completed her schooling. She is a first year student at the University College in Utrecht and plans to major in law and history. Vedika enjoys learning about human rights and has experience volunteering with refugees and children with terminal illnesses. Currently, she is a member of Enactus where she helps organise social entrepreneurship projects both locally and abroad. At school, she played an active role in service learning activities. As a result, Vedika hopes to pursue a career in human rights law. During her spare time, Vedika enjoys photography, writing, food and writing about food.

**Vaclav Masek**

New York University

Vaclav Masek is a Senior at New York University triple-majoring in Sociology, Spanish, and Global Liberal Studies, with a concentration in Politics, Rights, and Development. He has spent time abroad in London and Buenos Aires. His Senior thesis is concerned with the transitional justice system, collective memory, and indigenous peoples in his home country of Guatemala. Vaclav interned at Human Rights Watch and focused on Latin America's efforts to promote accountability for past human rights violations. His chapter regarding Guatemala was published in HRW's 2017 World Report. Vaclav was awarded the 2017 Global Impact Award for his community engagement project in which he installs ecological stoves and water filtrating systems in underprivileged rural areas of his country, a project now running on its fourth year. After being awarded the Department's Fellowship, Vaclav will pursue a Masters in Latin American and Caribbean Studies at NYU this fall.

**Sarah Molina**

University of North Carolina at Chapel Hill

An aspiring museum curator and educator, Sarah Molina graduated summa cum laude from the University of North Carolina at Chapel Hill with a major in art history and a minor in philosophy, politics, and economics. Currently she participates in a museum professional training program at the National Gallery of Art, Washington D.C., where she works on issues related to diversity, inclusion, and education. Previously, she was an Andrew W. Mellon Undergraduate Curatorial Fellow at the Art Institute of Chicago for two years. At UNC-Chapel Hill, she was a Morehead-Cain Scholar, Phi Beta Kappa inductee, recipient of the Chancellor's Award in Art History, and a Bryan Social Innovation Fellow. She helped found an arts education initiative entitled Art&Life to increase access to the arts in her hometown and was involved in a number of social justice organizations. Sarah's research focuses on cross-cultural objects produced in the medieval Islamic world.



Agnieszka Przytarska

Nicolaus Copernicus University

Agnieszka Przytarska, a Nicolaus Copernicus University law student, was born in Nakło nad Notecią and went to school there. She got interested in human rights after her first lecture on this subject. Agnieszka got involved in Homo Homini - human rights scientific group and became an active member of a local Amnesty International group. In the AI group she was able to organize many events, workshops and lectures, including Write for Rights in Toruń and beat the record of the written letters each year. Agnieszka worked as a camp counselor at a YMCA camp and at Camp Cayuga. In her free time she learns new languages - currently Chinese, travels and reads books. After graduating Agnieszka plans to pursue a career of a human rights lawyer.



Jay Todd Richey

Western Kentucky University

Jay Todd Richey is a 2017 graduate of Western Kentucky University with majors in Political Science and Asian Religions and Cultures, with a minor in Legal Studies. Twenty-two years old from Glasgow, Kentucky, while at WKU, he served as a two-term Student Body President and Student Regent on the WKU Board of Regents and was a member of the WKU Chinese Language Flagship Program. He is also the founder and chair of the WKU Student Coalition for Renters' Rights, an organization that advocates for adequate legal protection for renters in the Commonwealth of Kentucky. In 2017, he was selected to serve as an intern in the Public Affairs Section at the United States Embassy in Beijing, China. Following the Humanity in Action Fellowship, he will pursue a Masters in Human Rights. He hopes to one day dedicate his life to public service and human rights advocacy.



Bryan Stromer

Vanderbilt University

Originally from New York City, Bryan Stromer is a recent graduate of Vanderbilt University, where he majored in Human & Organizational Development. On campus, he was a tour guide, a Resident Adviser (RA), a Posse Foundation scholar, a co-founder of Vanderbilt's student disability advocacy organization and has served on various committees for the university. During the spring of 2016, he had the opportunity to study strategic communications in Copenhagen, Denmark. He is passionate about using communications and branding strategies to advance social justice issues with a particular interest in causes related to disability. In August, Bryan will join Microsoft in Seattle, WA as a Product Marketing Manager for Windows Office.



Ana-Maria Szilagyi

Columbia University & Sciences Po Paris

Ana-Maria Szilagyi was born in Romania, in a world transitioning away from Ceausescu's communist regime. At twelve, when she moved to South Italy, Calabria, with her mother and sister, her perception of the world changed as the reality around altered her dreams, and interests. In Calabria, a region rich in natural beauty and history but crippled by the Mafia, Romanians were not welcome; the difficulties of being an immigrant informed the person that she has become and shaped her sensitivity. She knows what it means to have neither rights nor recognition in the place where one has been fated to live. This past summer she volunteered in Turkey, at a school where children, all Syrian refugees, took biweekly classes. She coordinated English instructional activities and worked directly with the children. Her long-term goal is to fund a pan-European NGO that advocates for refugees and disseminates practical ideas for receiving them.

**Yaromyr Udod**

National University of Kyiv-Mohyla Academy

Yaromyr is currently pursuing his M.A in Sociology at Kyiv-Mogyla Academy. Yaromyr has been involved in Amnesty International Ukraine as an activist since 2013. He organized or co-organized campaign events like Letter Writing Marathon at his university for several years in order to raise awareness about human rights violations among students. Also, In 2017 he did an internship working with creation of database, preparation of draft materials for AI. Besides that, he took part in a few international projects on topics such as migration, gender and politics, collective memory as well as Roma rights. Along with his studies, Yaromyr is working as a research assistant for a Fulbright Visiting scholar to Ukraine who is conducting a research on corruption in public service in post-Soviet countries.

**Eleni Zervos**

Brown University

Born in Boston, Massachusetts, Eleni spent her high school years in Greece before graduating from Brown University in 2017 with a degree in International Relations. As an undergraduate, she was an organizer for Amnesty International and a coordinator of Brown Refugee Youth Tutoring and Enrichment (BRYTE), a tutoring organization that pairs 130 Brown students with recently resettled refugee youth in the Providence community for one-on-one, in-home tutoring. After graduating, she returned to Greece to work as a Research Associate at the Hellenic Foundation for European and Foreign Policy where she studied sex trafficking in Greece, and was also a program intern at the Greek Council for Refugees. Eleni is interested in the intersections of social justice and law with a focus on the rights of refugees and trafficking victims, and aims to pursue work in public policy.

2.4. Bios of the Guest Speakers

Michał Bilewicz, PHD

Social psychologist and publicist, member of the “Krytyka Polityczna” team. Coordinator of the Center against Prejudice at Warsaw University and Board Member of the Forum for Dialogue Among Nations.

Adam Bodnar

PhD, current Commissioner for Human Rights since 2017, backed by 67 non-governmental organizations. Human rights lawyer and academic teacher at the University of Warsaw, former Vice-President of the Helsinki Foundation for Human Rights. He acted as an expert in the Agency of Fundamental Rights of European Union and was a member of the board of directors of the United Nations Fund for Victims of Torture. In 2011 he was awarded with the Tolerance Prize by the Polish LGBT organizations, and in 2013 became a German Marshall Memorial Fellow. Author of numerous scientific publications in the field of law.

Maja Branka

Psychosocial and anti-discriminator trainer, supervisor of the Association of NGO Trainers, supervisor of the gender workshop at the Academy of Anti-Discrimination Training. She specializes in coaching and empowerment training for women, communication workshops and presentations and public speaking. She conducts gender and anti-discrimination workshops and social and psychological skills, interpersonal communication, facilitation, team building, conflict resolution and change management.

Tomasz Cebulski

PhD, historian; independent guide; founder of the Polin Travel company which offers mainly Jewish guiding services and genealogy research and travels.

Tara Dickman

She is the co-founder of Studio Praxis (www.studiopraxis.fr), an Actors Studio-inspired social enterprise dedicated to developing the power of leaders, organizations and projects enhancing civil rights of minorities in France through community organizing, educational programs and strategy consulting services. She holds an MA in Comparative Politics from New York University, where she worked on the 2005 riots in France and the “jeunes des quartiers” (youth from underserved urban areas) from an international minority rights perspective. Prior to her M.A, she graduated in Information and Communications at Université Paris 8, studied EU cultural and social politics, and attended Brown University on a year-long exchange program on race and urban politics. From 2007 to 2012, she worked for Humanity in Action France, an educational organization whose mission is to inspire, train and connect young leaders interested diversity issues using a historical, comparative and action-based approach. In 2011, she built the first nation-wide grassroots leaders-lead coalition fighting police abuse and racial profiling at the legal, media and political levels. Tara was born and raised in France by South African Buddhist parents of Irish Catholic, Polish Jewish, Serbian Orthodox and Franco-Swiss Algeria-born atheist descent. She grew up between central Paris and the banlieues, where she was involved in theater and film projects for many years. She was awarded the 2014 Humanity in Action Barney A. Karban Senior Fellows Award for exceptional leadership, was a 2013 Ariane

de Rothschild Social Entrepreneurship and Interreligious Dialogue Fellow, and a 2012 Echoing Green Social Innovation Fellowship worldwide finalist.

Marek Dorobisz

Creative Director at Lemon Sky, a digital advertising, marketing and PR agency in Poland. Marek began his career in Germany working as a copywriter at FCB Wilkens Agencies, Jung von Matt, Springer & Jacoby Hamburg and Scholz & Friends Berlin. He later moved to Poland, working at Scholz & Friends Warsaw before serving as Senior Creative Copywriter at BBDO Warsaw and Brain. Since 2011, Marek has worked as Creative Director at Ars Thanea, at the agency Next, has founded 36@. Currently he is Creative Director at onet.pl.

Jakub Dymek

Journalist of Political Opinion Review, member of Krytyka Polityczna team. He graduated from MISH at the University of Wrocław, studied Gender Studies at the IBL Polish Academy of Sciences and political science at the University of North Carolina in the USA. He published, among others, in the magazine "Dissent", "Rzeczpospolita daily", "Dziennik Gazeta Prawna". For publications on the CIA's secret prisons in Poland, he was nominated for the Grand Press journalistic prize in 2017.

Konstanty Gebert

He is an associate fellow at the European Council for Foreign Relations and an international reporter and columnist at "Gazeta Wyborcza," Poland's largest daily magazine. During the 1970s, he was a democratic opposition activist and organizer of the Jewish Flying University. In 1980 he joined the Solidarity movement and became one of the members of the "Solidarity of Education and Technics Workers" union. In 1989 he was one of the accredited journalists present at the Polish Round Table talks. He is the founder of the Polish Jewish intellectual publication Midrasz. Konstanty Gebert has taught in Poland, Israel and the US and also has authored ten books, which examine topics such as the Polish democratic transformation, French policy toward Poland, the Yugoslav wars and, the wars of Israel, Torah commentary and post-war Polish Jewry. His essays have appeared in two dozen publications in Poland and abroad, and his articles have been featured in newspapers around the world.

Dr Judith Goldstein

Judith Goldstein founded Humanity in Action in 1997 and has served as its Executive Director ever since. Under Judith's leadership, Humanity in Action has organized educational programs on international affairs, diversity and human rights in Bosnia and Herzegovina, Denmark, France, Germany, Poland, the Netherlands and the United States. She received her Ph.D in history from Columbia University and was a Woodrow Wilson Scholar for her MA studies. Judith has written several books and articles about European and American history, art and landscape architecture. She is a member of the Council on Foreign Relations and several boards and advisory groups.

Katarzyna Górak-Sosnowska

PHD, Polish economist and religious studies researcher dealing with the socio-economic problems of the Middle East and North Africa, popular Islamic culture and the issues of Islam and Muslims in Poland and abroad.

Magda Grabowska

PhD, sociologist, co-founder and researcher at Equality and Emancipation STER Foundation, lecturer at Philosophy and Sociology Institute of Polish Academy of Sciences and at Literary Studies Institute (Gender Studies) of Polish Academy of Sciences. An author of many research projects scrutinizing gender-based violence, the most recent being "Przełamać tabu. Raport o przemocy seksualnej" (2016).

Agnieszka Grzybek

Polish language scholar, feminist, activist and a journalist. Awarded with numerous grants and awards, she is a graduate of Human Rights School (Helsinki Human Rights Foundation) and Institute for Women's Global Leadership (Center for Women's Global Leadership, Rutgers University).

Miłosz Hodun

PhD, works as an expert within "Presidential Experts' Programme" at the Chancellery of the President of the Republic of Poland. He was part-time teacher at Reykjavik University School of Law. He focuses on comparative constitutional law and federalism. He was International Officer of Projekt: Polska and a co-founder of Projekt: Polska in Iceland. Now he is a board member of Projekt: Polska Association.

Myroslava Keryk

Historian, sociologist, migration and Ukrainian community in Poland specialist. She is the president of the *Nasz Wybór* Foundation and the editor of the monthly *Nasz wybór* magazine and lectures at the Lazarski University in Warsaw. In her work, she combines actions aimed at integrating the Ukrainian community in Poland with the implementation of numerous research and development projects in the area of migration.

Jagna Kofta

Jewish education specialist - trainer and guide. he guides on Jewish Warsaw and provides trainings for new guides. She runs also courses and educational tours on Jewish history and culture for students and adults. She trains students and adults at Polin the Museum of The History of Polish Jews. She holds a number of cyclical lectures on the history of Polish Jews at the Shalom Foundation's Third Age University. She cooperates with Jewish Community Center, Taube Foundation, and the History Meeting House.

Agnieszka Kosowicz

President of the Board of the Polish Migration Forum, a non-profit organization working to promote integration of migrants and respect for their rights in Poland. She studied journalism at the University of Warsaw and worked as an editor at the Foreign Desk of *Życie Warszawy* from 1997 to 2000, reporting from Kosovo, Iraq and Albania. She began working with refugees and on issues of migration in 2000, first in the Warsaw Office of the United Nations High Commissioner for Refugees (UNHCR) and later with the Polish Migration Forum. She served as the editor of the "From the Foreign Land" bulletin from 2000 to 2006 and "Refugee" from 2006-2007. Within the Polish Migration Forum, she creates integration initiatives for migrants and refugees and coordinates work on publications and the organization's website. Kosowicz is also the author or co-author of many articles and publications on these subjects.

Justyna Koszarska-Szulc

Former curator of the Postwar Years Gallery, part of the core exhibition of POLIN Museum of the History of Polish Jews, senior specialist for the content of the core exhibition, a curator of temporary exhibition "Estranged. March '68 and its Aftermath" that is going to be opened in March 2018. PhD candidate at the Institute of Literary Research of the Polish Academy of Sciences.

Julia Maciocha

Chairwoman of Volunteers of Equality Foundation - organizer of Parada Równości/Equality Parade, feminist cooperating with Feminoteka Foundation and Congress of Women, biologist majoring in animal psychology.

Vyacheslav Melnyk

Social activist involved in LGBT rights, Campaign Against Homophobia Board's Secretary. He has been involved in Campaign Against Homophobia (KPH) since June 2011.

Łukasz Niparko

Activist for human rights (LL.M. in international human rights and humanitarian law from the European University Viadrina) and 2014 Humanity in Action Fellow (Warsaw program). In 2013, he graduated from St. Lawrence University (USA), where he studied Global, Asian and European Studies. He is also an alumnus of the United World College of the American West (USA). Łukasz served with various NGOs, including Amnesty International USA, the Helsinki Foundation for Human Rights, Association for Legal Intervention, and Stepping Stones China. In the past few years, he has conducted academic research on such topics as the socio-economic development model of Kerala (India), Polish post-1989 transformation, and on minority rights in China. In 2017, thanks to the support of HIA, Łukasz directed a summer school of tolerance and anti-discrimination in his hometown Poznań. He is also a co-founder of the Peace and Liberal Arts Education Center (China) and the Global Dialogue Center (USA). Currently, he works at the Polish Humanitarian Action where is a specialist in global and peace education. His interests concern legal prevention of discrimination and international affairs.

Jacek Purski

Journalist, political scientist, Social Security Institute Board Member and former social activist at the "Never Again" Association, which is an independent organization fighting against racism, fascism and xenophobia.

Ewa Rutkowska

Feminist, philosopher, high school teacher, WenDo assertiveness and self-defense coach, anti-discrimination coach, author of numerous educational feminist materials and reports.

Daniel Slomka

Ph.D. candidate at the Institute of Philosophy and Sociology of the Polish Academy of Sciences. In his academic work, he focuses on questions of collective memory (especially of the Holocaust) in Israel and in Poland. Born in Israel and living in Poland for the last five years, Daniel works as an Editor on Jewish culture issues at the Kontynent Warszawa online portal for multiculturalism in Warsaw, and teaches a course on sociology of the internet at the University

of Warsaw. He also cooperates with institutions such as the Museum of the History of Polish Jews, where he wrote an alternative guide to Jewish Warsaw. Previously, he worked as the Communications Officer for the Community of Democracies, and advocated for a variety of human rights organizations in Israel and in Palestine. He is a 2014 Humanity in Action Fellow.

Jan Sowa

PhD, sociologist, cultural studies scholar, philosopher; a lecturer at Anthropology of Literature and Culture Studies Institute (Jagiellonian University). An author of a few books on psychology, sociology and social critique. Co-founder of Ha!art Foundation.

Anna Stefaniak

HIA Senior Fellow - Participated in the HIA Berlin Program in 2013. She recently completed her PhD in social psychology at the Center for Research on Prejudice at the University of Warsaw. Her main academic focuses rest on issues of prejudice and discrimination against different ethnic and social groups and on the psychology of collective memory. She wrote her M.A. thesis on islamophobia and intergroup contact as an effective way for its reduction. In her PhD research, she aimed to elucidate the significant but complex ways in which historical events and perceptions thereof influence intergroup relations today.

Anna Zielińska

Jewish Community Worker, activist and translator. Specialist for Combating Anti-Semitism, Public Communication Office of the Jewish Community. Master of Arts in Law, University of Warsaw; graduate from the School of British Law; holder of scholarships from the Polish Ministry of Education (studies at the University of Tel Aviv) and the American Jewish Committee in Washington; graduate from the Interdisciplinary Postgraduate Studies in Translation and Interpreting (Institute of Applied Linguistics, University of Warsaw). Worked in the Embassy of Israel in Poland, PAH (Polish Humanitarian Action) as a desk officer for West Bank Mission and the American Israel Public Affairs Committee, from 2009 partner in Translation Agency TIRGUM.



3. Places

3.1. Accommodation

European House of Youth Meetings

Długa street 18/20

00-238 Warsaw

phone: +48 (022) 635 01 15

www.edsm.pl

1. Check-in is from 4.00 p.m.
2. Check-out is till 10.00 a.m.
3. At 12.00 a.m. the hostel is locked.
4. Silence must be kept at the hostel between 10.00 p.m. to 6.00 a.m.
5. Guests arriving after 10.00 p.m. must be quiet.
6. The kitchen is open 6.00 a.m. – 10.00 a.m. and 4.00 p.m. – 11.00 p.m.
7. The kitchen must be tidied and everything cleaned immediately after use.
8. Leave room keys at reception before leaving the hostel.
9. Gambling and drinking alcohol are prohibited in the hostel.
10. Smoking is allowed only in the designated place.
11. All individual and groups must comply with the hostel rules. Guests who break hostel regulations or behave unsuitably can be removed from the hostel without refund.

3.2. Eating Out

The fellowship is partially financed out of public grants, which is why in terms of 'per diems', HIA Poland is particularly obliged to obey the existing Polish regulations. According to the relevant Ordinance of Minister of Labor and Social Policy, a 'per diem' in the Polish case is maximum 30 PLN, out of which 7,5 PLN should cover the cost of breakfast and 7,5 PLN of dinner and 15 PLN cost of lunch. In line with this law, HIA Poland will organize and cover the cost of lunches on program days when the group spends the whole day together. Moreover, each participant will receive a food stipend, which is meant as a financial support to cover other meals during the whole duration of the program. The per diem (after deducting the cost of meals provided by HIA Poland) will be given to all participants in cash in 2 installments: on 27.05.2017 and on 11.06.2017. In case of questions and feedback please turn to Alicja.

3.3. Printing place

Xero 6gr

Ul. Królewska 2, the corner with Krakowskie Przedmieście

Open: 24/7

phone: 22 498 22 01, 531 596 059

email: biuro@drukarnia24h.net

3.4. Embassies

German Embassy

Jazdów street 12

00 467 Warsaw

phone: +48 (22) 584 17 00

www.warschau.diplo.de

Greek Embassy

Górnośląska street 35

00 001 Warsaw

phone: +48 (22) 622 94 60

<http://www.mfa.gr/warsaw>

U.S Embassy

Aleje Ujazdowskie 29/31

00 540 Warsaw

phone: +48 (22) 504 20 00

www.poland.usembassy.gov

Ukrainian Embassy

Szucha street 7

00 580 Warsaw

phone: +48 (22) 629-34-46; +48 (22) 621-39-79

www.mfa.gov.ua/poland/pl/

3.5. Libraries

The National Library

al. Niepodległości 213

02-086 Warsaw

phone: + 48 (22) 608 29 99, +48 (22) 608 23 30

Open: Monday-Saturday 8.30 am-8.30 pm, Sunday: closed

www.bn.org.pl

The Library of Warsaw University

Dobra street 56/66

00 312 Warsaw

phone: +48 (22) 55 25 178, +48 (22) 55 25 179

Open: Monday-Friday 9.00 am-10.00 pm, Saturday: 9:00 am-9 pm, Sunday: 3.00 pm-8.00 pm
(lending library and repository closed)

www.buw.uw.edu.pl

3.6. Interesting Places/Sites to Check Out

Please check for the following website for the overview of cultural attractions in Warsaw:
<http://www.warsawtour.pl/en>

Cafés, restaurants, pubs, clubs**Barka**

Skwer im. Tadeusza Khala

<https://www.facebook.com/planbarka>

A club/concert venue located on a boat moored on the Vistula river bank.

Cuda na Kiju

Nowy Świat street 6/12

Cafe, bar and restaurant

Café Prózna

Próżna street 12

Monday- Thursday and Sunday 10.00 am-11.00 pm, Friday and Saturday 10.00 am-12.00 pm

www.cafeprozna.pl

Café Latawiec

Armii Ludowej street 12, close to Metro Politechnika

Café Kulturalna

Palace of Culture

Daily from 12.00 pm

www.kulturalna.pl

Located within the foyer of the Dramatic Theatre at the Palace of Culture it is one of the coolest places in town.

Chmury

11 listopada street 22

Café during the day/concert venue at night located in the Praga district.

Fawory

Mickiewicza street 21

<https://www.facebook.com/kawiarniafawory>

Daily: 8 am-11 pm

A coffee shop located in Żoliborz, where activists and artists can meet.

Kawiarnia Kafka

Oboźna street 3

www.kawiarnia-kafka.pl

Monday - Friday: 9:00 am - 10:00 pm, Saturday - Sunday: 10:00 am - 10:00 pm

A pleasant café with good food near the University of Warsaw.

Klubojadnia Eufemia

Krakowskie Przedmieście street 5, entrance from Wacława Niżyńskiego street

<https://www.facebook.com/klub.eufemia/>

Concerts in the evenings during the week, parties on the weekend. Located in the basement of the Academy of Fine Arts.

Krowarzywa

The best vegan burgers in Warsaw

Hoża street 42

Marszałkowska street 27/35

Plan B

Wyzwolenia street 18 (Plac Zbawiciela)

<https://www.facebook.com/PowiekszeniePlanB>

It is one of the most popular bars in the center of Warsaw.

W Oparach Absurdu

Ząbkowska street 6

www.oparyabsurdu.pl

One of the most popular pubs in the Praga district.

Instalacje Art Bistro

Jazdów street 2 (Zamek Ujazdowski)

<https://www.instalacjeartbistro.pl/>

Delicious food in excellent location, next to Łazienki Park and The Centre of Contemporary Art

And many, many more...which you can discover on your own. 😊

Museums, galleries etc.

Apteka Sztuki

Aleja Wyzwolenia 3/5

Phone: + 48 22 622 04 21

Open: daily 09.00 am-5.00 pm, Sunday 2 pm-5.00 pm

Admission: free

www.aptekasztuki.eu

Apteka Sztuki is a modern gallery and a professional activity centre for disabled people in one. Artists' works being exhibited in the gallery are assumed to overcome mental barriers and provide a friendly interior.

CSW (Centrum Sztuki Współczesnej)

Jazdów street 2

www.csw.art.pl

Open: Tuesday-Sunday 12.00 am– 7.00 pm, Thursday 12.00 am- 9.00 pm

Tickets: regular 12 PLN, reduced 6 PLN, Thursday: free admission

Modern Art Center located in a former castle. A truly outstanding place.

Fotoplastikon Warszawski

Aleje Jerozolimskie 51

phone: +48 (22) 629-60-78, +48 (22) 629-60-78

Open: Wednesday-Sunday 10:00 am- 6:00 pm

Admission: 4 PLN/2 PLN

www.fotoplastikonwarszawski.pl

Fotoplastikon is an equivalent of peepshow in Polish - a device invented in the second half of the 19th century, utilized to display slides. The Warsaw peepshow is over 100 years old - it is a unique object on a world scale.

History Meeting House

Karowa street 20

Phone: +48 (22) 255 05 05

dsh@dsh.waw.pl

Open: Tuesday- Sunday: 12:00 pm-8:00 pm

Admission: free

www.dsh.waw.pl

The History Meeting House (HMH) is a place of contact with testimonies of the 20th century history of Poland and Central and Eastern Europe.

Orthodox Church

Solidarności street 52

Open: Monday-Friday: 9:00 am- 3 pm, Saturday: 11:00 am- 2:00 pm

Don't forget to dress properly for visiting an orthodox church (long skirts or long trousers).

One of a couple of Orthodox churches in Warsaw. This one was built around 1867. It survived the II World War, thanks to which the interior retains its original design, including the gilded altars and the main iconostasis.

Synagoga Nożyków (Nożyk Synagogue)

Twarda street 6

Open: Monday-Friday: 9:00 am – 8:00 pm, Sunday: 11:00 am – 7:00 pm (no visiting on Saturdays)

Admission: 10 PLN

It is the only synagogue that survived the II World War still being in use. It is not only a place of prayers but it also plays a role of a site promoting Jewish culture.

The Fryderyk Chopin Museum

Ostrogski Palace

Okólnik street 1

<http://chopin.museum/pl>

e-mail: muzeum@chopin.museum

phone: +48 22 44 16 251

Open: Tuesday – Sunday: 11:00 am – 8:00 pm

Tickets: normal 22 PLN, reduced (EU students) 13 PLN

Copernicus Science Centre

Wybrzeże Kościuszkowskie 20

phone: + 48 22 596 41 00

e-mail: info@kopernik.org.pl

<http://www.kopernik.org.pl/>

Open: Tuesday – Friday: 8:00am – 6:00 pm, Saturday – Sunday: 10:00 am – 7:00 pm

Tickets: normal 27 PLN, reduced (students and graduate students until the age of 26) 18 PLN

Warsaw Uprising Museum

Grzybowska street 79

phone: +48 22 539 79 05

Open: 8:00 am – 6:00 pm (Mondays, Wednesdays, Fridays); 8:00 am - 8:00 pm (Thursdays); 10:00 am- 6:00 pm (Saturdays and Sundays). Tuesdays – closed.

Admission: 20PLN/ 16PLN, free admission on Sundays

www.1944.pl

Warsaw Uprising Museum offers a unique opportunity to discover Warsaw's most painful history of 1944. It conveys the climate of those times: recreates the atmosphere of fighting Warsaw, showing not only the military struggle of those 63 days, but also everyday life of civilians. By linking history with modernity, memorial site with modern exhibition techniques, the events of 60 years ago have become ingrained in modern national awareness. A must on your schedule!

TR Warszawa

Marszałkowska street 8

www.trwarszawa.pl

phone: +48 (22) 480 80 08

A well-known alternative theatre with an offbeat café in one.

3.7. Taxi

Most cabs have about a 6-8 PLN initial charge. The average rate in Warsaw at the moment is circa 2,5 PLN/km; however several companies offer cheaper rates. Check the price sticker on the window, and be cautious about cabs without any identification. Rates go up by half after 10:00 pm and on weekends and during official holidays. Your best bet is to call for a cab to pick you up. Operators rarely speak English, so learn how to say your address and phone number in Polish. You can use Uber as well. Here are some generally reliable and yet cheapest companies:

Day tariff:

EKO Taxi, phone: +48 22 644 22 22 (8 PLN + 1,40 PLN/km- probably the cheapest in the town)

Grosik Taxi, phone: +48 22 646 46 46 (8PLN + 1,80 PLN/km)

City Warsaw Radio- taxi, phone: +48 22 194 59 (8 PLN + 1,80PLN/km)

Tele Taxi, phone: +48 22 196 27

MPT Taxi, phone: +48 22 191 91

Eco Car Taxi, phone: +48 22 123 456 789

EleTaxi, phone: +48 22 811 11 11

Bayer Taxi, phone: +48 22 196 67



4. Money Matters

4.1. Reimbursement

Make sure you will be reimbursed before spending money (or otherwise, you will have to bear the cost yourself). If anything is unclear please always consult the HIA Poland Director. **Costs can only be reimbursed by the HIA, if:**

- **they were consulted with the HIA Poland Director beforehand** and it is clear that these costs were unavoidable, related to the program, and were the most cost-effective options where used,
- the **original receipts (bills)**, tickets or boarding passes (in cases of flight tickets) are handed in to HIA Poland (copies are not acceptable). They cannot be crumpled or dirty.
- they were connected with the program, for example travel costs,
- they were connected with your research period, e.g. transportation costs, computer time at internet cafes, fees or temporary membership of libraries, etc.,
- the items/services listed on receipts (bills) were only those related to HIA reimbursement. Please do not make any notes on the receipts (bills)/tickets because those will not be accepted by us. You can write an explanatory note which expense was for what but on a separate sheet of paper (name, date, amount, reason for payment),
- all **the invoices/tickets/bills/boarding passes are handed in or sent via mail to HIA Poland within about a month after each component of the program is over.**

4.2. Cash Exchange

There are a lot of cash exchange offices in the downtown and near the hostel:

Cash Exchange "Na Długiej"

Długa street 8/14

Dime

Krakowskie Przedmieście street 41

Monday- Friday 9:30 am- 6:00 pm

+48 602 511 511

24-hour Cash Exchange:

Bilion, Piękna Street 11, phone: +48 22 625 14 25

Cris, Grójecka Street 42, phone: +48 22 822 06 06, +48 0601 221 388.

4.3. Emergency Numbers

Police: 997

Ambulance: 999

Fire Brigade: 998

General Emergency Number: 112
In case of harassment: 22 828 11 12

Your Notes

Humanity in Action Poland

www.humanityinaction.org

Facebook: www.facebook.com/HIAPolska

Twitter: www.twitter.com/hiapl #hiapl #HIA2017

www.hiapoland2017.blogspot.com