

**ABOUT
JEWS**

READER'S NAME

ABOUT JEWS

How much do
I know about Jews?
A) LOTS
B) I KNOW SOMETHING
C) WHO ARE THEY?

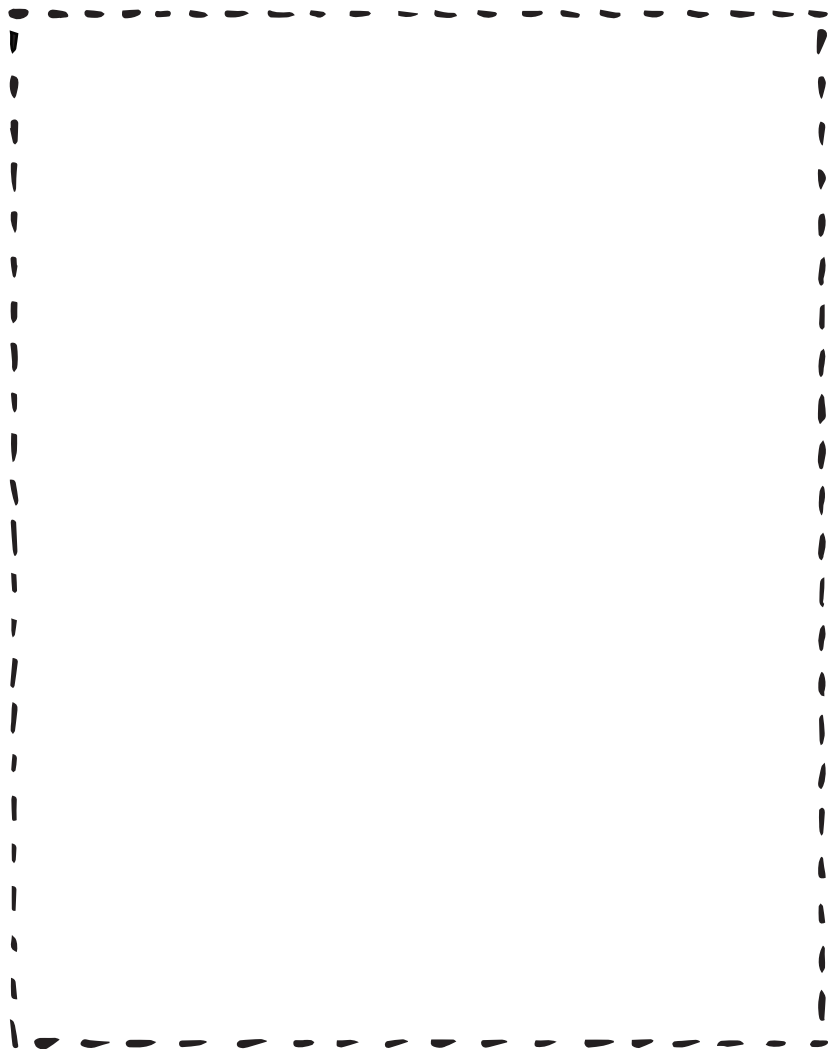
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5. WHAT TO DO ABOUT HATE AND HATERS?
6. CONCLUSION


READER'S GUIDE

1. YOU ARE THE CO-AUTHOR OF THIS BOOK!
2. GET CREATIVE ON EACH PAGE!
3. LET YOUR IMAGINATION RUN FREE!
4. HAVE FUN!

DRAW A JEW HERE

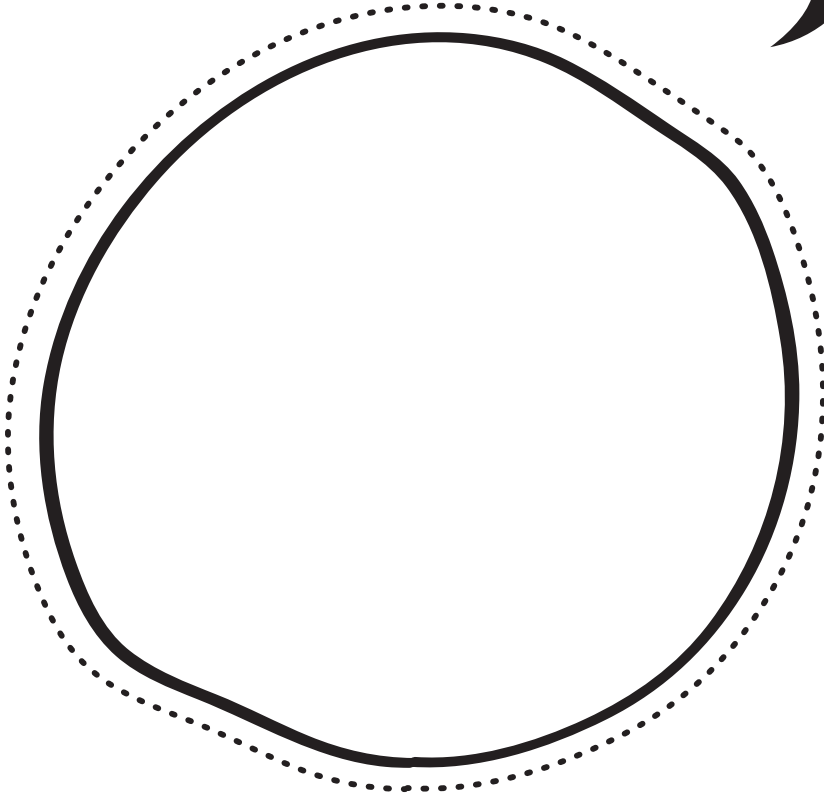


Make
a list



my associations
with Jews
and Judaism

TYPE IN "JEWS" IN A SEARCH ENGINE AND
WRITE DOWN THE FIRST 10 SEARCH RESULTS



what is the overall
tone of those results?

←—————|—————→
negative neutral positive

BINGO!

ASK 5 FRIENDS ABOUT THEIR TOP THREE ASSOCIATIONS WITH JEWS. IF THEIR ANSWER MATCHES ANY OF THE FOLLOWING FIELDS, CROSS THE FIELD OUT.

STAR OF DAVID	SOME BOOK OR MOVIE TITLE	ISRAEL, PALESTINE, POLITICS
SIDELOCKS/ SIDE CURLS (ALSO: A BEARD, DARK HAIR AND A LONG NOSE)	BINGO!	HOLOCAUST (AUSCHWITZ, HITLER, GERMANS, CONCENTRATION CAMPS, WORLD WAR II, GHETTO)
YARMULKE	ANTI-SEMITISM	MONEY (COUNTING MONEY, BEING TIGHT-FISTED ...)

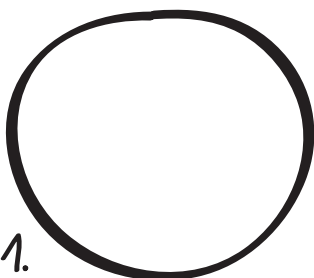
HOW MANY FIELDS ARE LEFT UNMARKED?

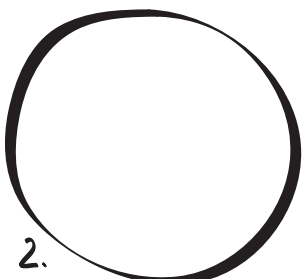
8-9 FIELDS UNMARKED: YOU HANG OUT WITH PEOPLE WHO DO NOT THINK ABOUT JEWS IN A STEREOTYPED WAY;

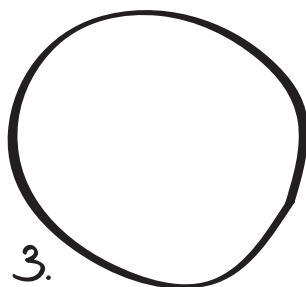
4-5 FIELDS UNMARKED: THE PEOPLE AROUND YOU BELIEVE FEWER STEREOTYPES ABOUT JEWS THAN MANY ORDINARY POLES;

3 OR LESS FIELDS UNMARKED: UNFORTUNATELY, YOUR FRIENDS THINK ABOUT JEWS IN A STEREOTYPED WAY.

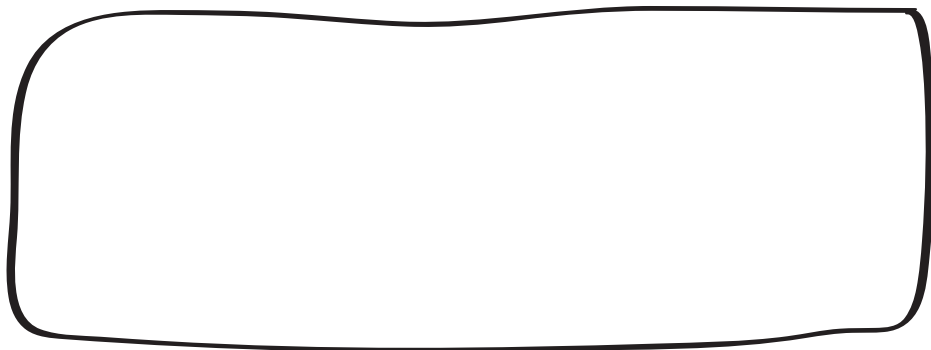
WRITE DOWN THREE THINGS YOU
CAN LEARN ABOUT JEWS FROM YOUR
SCHOOL BOOKS:

1. 

2. 

3. 

WHAT DO YOU THINK: ARE YOUR
SCHOOL BOOKS A GOOD SOURCE
OF INFORMATION ABOUT JEWS
AND JEWISH CULTURE?



PROFESSOR IRENEUSZ KRZEMIŃSKI, A SOCIOLOGIST FROM THE UNIVERSITY OF WARSAW (POLAND) AND AUTHOR OF A STUDY ON POLES' ATTITUDES TOWARDS JEWS, POINTS OUT THAT IN ORDER TO DISLIKE SOMEONE, PEOPLE NEED TO HAVE SOME SORT OF REASON. WHEN ANALYSING THE REASONS PEOPLE PROVIDE TO JUSTIFY THEIR DISLIKE OF JEWS, HE DISTINGUISHED TWO TYPES OF ANTI-SEMITISM: TRADITIONAL AND MODERN. THOSE WHO CLAIM THAT JEWS ARE RESPONSIBLE FOR KILLING JESUS CHRIST ARE THE OLD-TYPE ANTI-SEMITES. WHILE NEW-TYPE ANTI-SEMITES DISLIKE JEWS ON THE BASIS OF AN IDEOLOGY. FOR INSTANCE, PEOPLE WHO LABEL THEMSELVES 'REAL POLES' ARE CONVINCED THAT JEWS CONTROL FINANCIAL CAPITAL.

ONE IN FIVE POLES DISLIKES JEWS
EVEN THOUGH THEY HAVE NEVER
MET ANY JEWS AND EVEN THOUGH
ONLY 0.02% PEOPLE IN POLAND
NOWADAYS HAVE JEWISH ROOTS!!!

HOW DO YOU FEEL AFTER
READING THIS TEXT? WHY?

Quiz

1. ACCORDING TO THE TRADITIONAL INTERPRETATION OF JEWISH LAW, JEWISH ANCESTRY IS INHERITED FROM:

- A) THE FATHER
- B) THE MOTHER
- C) BOTH PARENTS

2. HAMAN'S EARS (HAMANTASHEN) ARE:

- A) AN OLD JEWISH CURSE
- B) PASTRIES BAKED FOR THE HOLIDAY OF PURIM
- C) HANDLES ON A JUG USED FOR RITUAL HAND WASHING

3. THE FOLLOWING HOLIDAY IS SOMETIMES REFERRED TO AS "THE JEWISH EASTER":

- A) PASSOVER
- B) HANUKKAH
- C) SHAVUOT

4. THE JEWISH NEW YEAR, OR ROSH HASHANAH, KNOWN FOR SHOFAR (RAM'S HORN) BLOWING, IS CELEBRATED:

- A) IN JANUARY
- B) IN SPRING
- C) IN SEPTEMBER OR OCTOBER

5. A SHTETL IS:

- A) A SMALL JEWISH TOWN
- B) PART OF HASIDIC CLOTHING
- C) A KOSHER RULE

6. JAN BRZECZWA, A POLISH JEW AND THE AUTHOR OF 'AKADEMIA PANA KLEKSA' (ACADEMY OF MR. KLEKS), WAS THE COUSIN OF A FAMOUS POLISH POET. WHICH ONE?

- A) JULIANA TUWIM
- B) BOLESŁAWA LEŚMIAN
- C) KRZYSZTOFA KAMILA BACZYŃSKI

7. WHICH OF THE FOLLOWING IS NOT A KOSHER PRODUCT AND IS NOT ALLOWED TO BE EATEN ACCORDING TO JEWISH DIETARY LAWS?

- A) BEEF
- B) PORK
- C) LAMB

8. A YARMULKE, WHICH IS A TRADITIONAL HEADGEAR THAT A RELIGIOUS JEWISH MAN SHOULD WEAR ALL THE TIME, HAS A FEW NAMES. WHICH OF THE FOLLOWING IS NOT A NAME FOR A YARMULKE?

- A) KIPPAH
- B) FEZ
- C) MYCKA

9. WHO IS CONSIDERED TO BE THE FOREFATHER OF ALL JEWS?

- A) KING DAVID
- B) MOSES
- C) ABRAHAM

10. WHICH BOOK LAYS THE FOUNDATION FOR JUDAISM?

- A) THE TORAH
- B) THE BOOK OF ESTHER
- C) THE GOSPEL ACCORDING TO MARK

11. HISTORICALLY, THE JEWISH QUARTER OF KRAKOW (POLAND) WAS:

- A) STRADOM
- B) ZWIERZYNIEC
- C) KAZIMIERZ

12. YIDDISH, THE LANGUAGE USED BY THE JEWISH COMMUNITY IN POLAND FOR MANY CENTURIES, IS CLOSEST TO:

- A) SPANISH
- B) GERMAN
- C) HEBREW

13. HATIKVAH IS THE OFFICIAL ANTHEM OF ISRAEL WHICH EXPRESSES A JEWISH LONGING TO RETURN TO THE LAND OF ISRAEL. THE HEBREW WORD 'HATIKVAH' MEANS:

- A) DREAM
- B) HOPE
- C) FUTURE

14. 'JEW' IS A TERM OF:

- A) NATIONALITY
- B) RELIGION
- C) BOTH ARE RIGHT

15. THE SEVEN-ARM CANDLE HOLDER ASSOCIATED WITH THE JEWISH TRADITION IS CALLED:

- A) SHTREIMEL
- B) HANUKIAH
- C) MENORAH

16. SHABBAT, THE JEWISH DAY OF REST, WHICH FALLS ON A SATURDAY, OFFICIALLY BEGINS ON:

- A) FRIDAY AT SUNSET
- B) FRIDAY AT MIDNIGHT
- C) SATURDAY MORNING

YOU CAN FIND THE ANSWERS ON ONE OF THE PAGES OF THIS BOOK...

JEWS ARE EVERYWHERE.

FACTS AND MYTHS

part myth, part fact

JEWS ARE A NATION THAT DID NOT HAVE ITS OWN STATE FOR NEARLY TWO THOUSAND YEARS. THEY WERE EXPELLED FROM VARIOUS COUNTRIES AND HAD TO SETTLE ELSEWHERE. OUTSIDE ISRAEL, LARGE JEWISH COMMUNITIES EXIST IN THE UNITED STATES, EUROPE, SOUTH AMERICA AND AUSTRALIA. SMALLER JEWISH COMMUNITIES CAN BE FOUND IN ASIAN COUNTRIES, SUCH AS JAPAN AND VIETNAM,

AND IN AFRICA, WHERE A COMMUNITY OF BLACK JEWS HAS LIVED IN ETHIOPIA FOR CENTURIES. IN FACT, THE ONLY COUNTRIES WITHOUT JEWS ARE THOSE MUSLIM COUNTRIES WHICH HAVE NO DIPLOMATIC RELATIONS WITH ISRAEL. FOR THIS REASON, THE IDEA TO SEND JEWS TO MADAGASCAR MADE, AND STILL MAKES, NO SENSE BECAUSE JEWS WERE ALREADY THERE :)

JEWS DO NOT LIKE POLAND AND POLISH PEOPLE.

part myth, part fact

FOR MANY JEWS AROUND THE WORLD, POLAND IS MOSTLY THE PLACE WHERE THE TRAGEDY OF THE HOLOCAUST HAPPENED. THEY SEE POLAND AS A BIG JEWISH CEMETERY. SOME OF THEM BLAME POLES FOR NOT GETTING MORE INVOLVED IN HELPING JEWS DURING THE WAR AND ACCUSE THEM OF ANTI-SEMITISM. BUT

THIS VIEW CANNOT BE ATTRIBUTED TO ALL JEWS. SINCE THE FALL OF COMMUNISM, OPINIONS ABOUT POLAND AMONG JEWS AROUND THE WORLD HAVE IMPROVED THANKS TO FREQUENT VISITS AND NUMEROUS INITIATIVES WITHIN THE FRAMEWORK OF POLISH-JEWISH DIALOGUE.

JEWS ARE WELL-EDUCATED.

fact

JEWISH TRADITION HAS ALWAYS ATTACHED GREAT IMPORTANCE TO EDUCATION. ILLITERACY WAS PRACTICALLY UNKNOWN AMONG JEWISH MEN BECAUSE THE JEWISH RELIGION IMPOSED AN OBLIGATION ON THE FATHER TO TEACH THE ALPHABET TO HIS SON AS EARLY AS THREE YEARS OLD. BY THE AGE OF 13, BOYS HAD TO ATTEND A CHEDER, A SCHOOL PROVIDING RELIGIOUS EDUCATION. IN MANY COUNTRIES, JEWS WERE BANNED FROM OWNING LAND, SO KNOWLEDGE WAS THEIR BASIC CAPITAL. FOR

MANY OF THEM, STUDYING WAS ALSO A PATH TO EMANCIPATION. THIS IS REFLECTED IN THE OVER-REPRESENTATION OF JEWS AMONG NOBEL PRIZE WINNERS. ACCORDING TO THE 2011 CENSUS DATA FOR POLAND, MOST POLES OF JEWISH DESCENT HOLD UNIVERSITY DEGREES. AS FAR AS JEWISH GIRLS ARE CONCERNED, THEY WERE ADMITTED TO SCHOOLS IN MOST COUNTRIES ONLY AT THE END OF THE 19TH CENTURY.

JEWS KIDNAP CHRISTIAN CHILDREN AND USE THEM TO MAKE MATZO.

MYTH!

JEWS HAVE BEEN ACCUSED OF RITUAL MURDER AT LEAST SINCE THE MIDDLE AGES. THEY WERE OFTEN ACCUSED OF KIDNAPPING AND KILLING CHRISTIAN BABIES TO OBTAIN BLOOD TO MAKE MATZO, OR UNLEAVENED BREAD. JUDAISM FORBIDS THE CONSUMPTION

OF HUMAN BLOOD, WHICH MAKES THIS ALLEGATION ABSURD. THESE ACCUSATIONS WERE A WAY OF ELIMINATING JEWISH MERCHANTS AS ECONOMIC COMPETITORS AND, AT THE SAME TIME, A REFLECTION OF DEEPLY ROOTED ANTI-SEMITIC PREJUDICES.

JEWS SPEAK JEWISH.

MYTH!

JEWS SPEAK MANY NATIONAL LANGUAGES. APART FROM HEBREW, WHICH WAS THE LANGUAGE JUST OF PRAYER FOR CENTURIES AND WAS REBORN ONLY AT THE END OF THE 19TH CENTURY, THEY ALSO SPOKE OTHER LANGUAGES. YIDDISH, WHICH EVOLVED FROM OLD GERMAN IN THE MIDDLE AGES, BECAME THE LANGUAGE OF JEWS IN CENTRAL AND

EASTERN EUROPE. LADINO, WHICH IS CLOSE TO SPANISH, EMERGED IN MEDIEVAL SPAIN AND WAS EVENTUALLY SPOKEN BY JEWS FROM SPAIN, GREECE AND ARABIC COUNTRIES IN THE MEDITERRANEAN AREA. ON THE OTHER HAND, JEWS FROM ETHIOPIA USED TWO LANGUAGES: AMHARIC AND THE GE'EZ.

THERE ARE MANY JEWS IN POLAND.

MYTH!

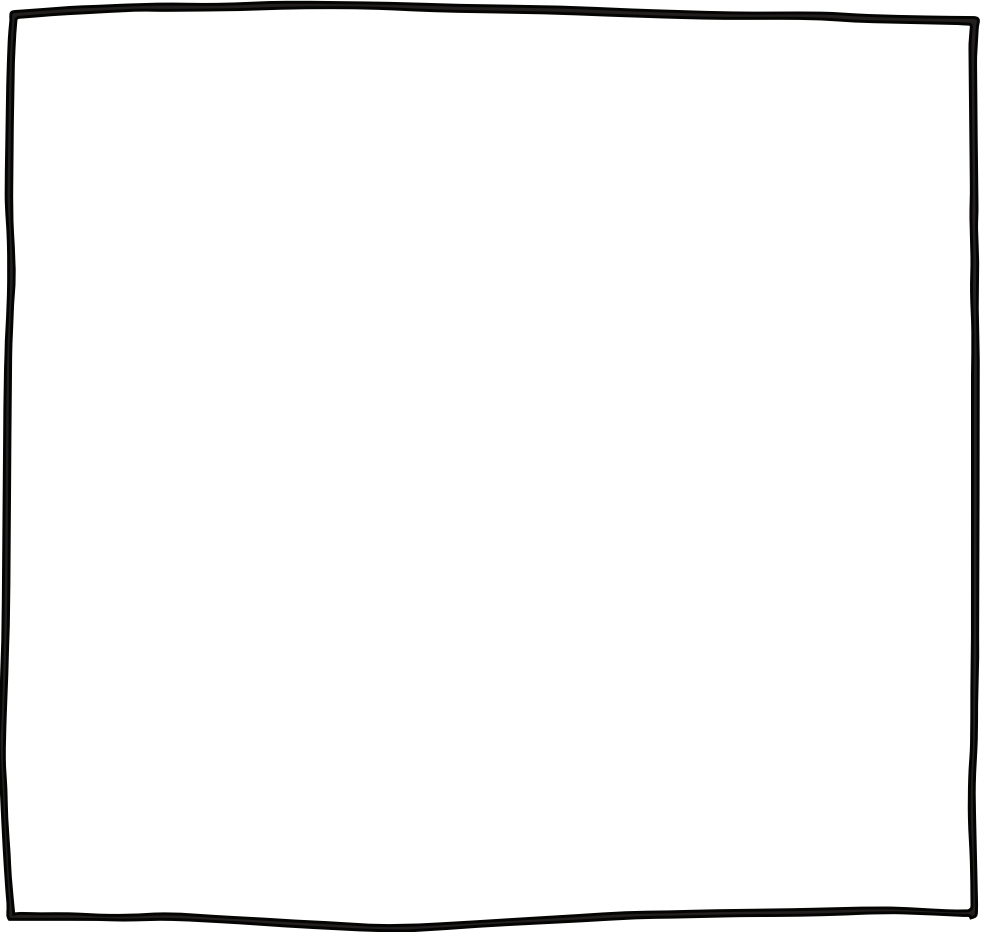
IN THE 2011 CENSUS, A TOTAL OF 8,000 PEOPLE IN POLAND DECLARED THEMSELVES PART OF THE JEWISH MINORITY. HOWEVER, OTHER SOURCES (E.G. THE GUARDIAN, A BRITISH NEWSPAPER) ESTIMATE THAT THE JEWISH COMMUNITY IN POLAND MAY BE AS LARGE AS 20,000 PEOPLE. THEY REPRESENT

ONLY ABOUT 0.02% OF THE POLISH SOCIETY. THE NUMBER OF JEWS AROUND THE WORLD IS ABOUT 15 MILLION, HALF OF WHOM LIVE IN ISRAEL. THE UNITED STATES HAS THE SECOND LARGEST NUMBER OF JEWS. IN EUROPE, FRANCE IS THE COUNTRY WITH THE LARGEST JEWISH DIASPORA.

Did you know?

ACCORDING TO THE JEWISH CALENDAR, WE ARE NOW IN THE YEAR 5777.

**USE THIS BOX TO WRITE DOWN
ALL THE STEREOTYPES ABOUT JEWS
THAT YOU HAVE HEARD FROM RELATIVES AND FRIENDS,
IN THE MEDIA, AT SCHOOL, OR IN PASSING,
FOR INSTANCE, ON THE STREET OR ON THE TRAIN.**

A large, empty rectangular box with a thick black border, intended for writing down stereotypes. The box is slightly irregular in shape, with a wavy bottom edge.

**NOW CUT THIS BOX OUT,
CRUMPLE IT UP, THROW IT AWAY AND FORGET ABOUT IT.**

Listen to the sound of



Hebrew

FOR INSTANCE, GO TO YOUTUBE AND PLAY
"TIRKEDI" BY SHIMRIT & MICHAEL GREILSAMMER



Yiddish

FOR INSTANCE, GO TO YOUTUBE AND PLAY
"MELACHE MELUCHE" BY CHAVA ALBERSTEIN



FILL EACH LINE WITH
HEBREW LETTERS

The Hebrew alphabet

דכ דכ דכ דכ דכ
ל ל ל ל ל

םם םם םם םם םם

ןן ןן ןן ןן ןן

ס ס ס ס ס

ע ע ע ע ע

ףף ףף ףף ףף ףף

ץץ ץץ ץץ ץץ ץץ

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י י י י י

HEBREW IS READ FROM RIGHT TO LEFT. VOWELS ARE NOT WRITTEN DOWN.

IN OLD HEBREW, EACH LETTER HAD A SPECIFIC
NUMBER ASSIGNED TO IT AND WAS ACCOMPANIED
BY A SYMBOLIC MEANING.

HEBREW LETTERS AND THEIR NAMES	NUMBER	POLISH EQUIVALENT	SYMBOLIC MEANING
א ALEF	1	A (ONLY AT THE BEGINNING)	GOD'S PARTICLE, GOD, BULL
ב BET	2	B	HOUSE
ג GIMEL	3	G	REWARD, KINDNESS, CAMEL
ד DALET	4	D	DOOR, WEAKNESS
ה HE	5	CH	GOD, APERTURE
ו VAV	6	W,O,U	MANKIND, RESTORING JUDGMENT, KEY
ז ZAYIN	7	Z	SPEAR, WEAPON
ח HET	8	H	LIFE, SIN, EMBANKMENT
ט TET	9	T	KINDNESS, HUMILITY, SERPENT
י YOD	10	I,J	ARM, STATUE, SHARING
כ KAF	20	K	HAND, PALM TREE, END AND BEGINNING
ל LAMED	30	L	STUDYING, A STUDENT

מם	MEM	M	40	WATER, PEOPLES, NATIONS, LANGUAGES
נן	NUN	N	50	LOSING, FISH
סס	SAMEKH	S	60	TO SUPPORT, TO TRUST, TO RELY ON SOMEONE, PILLAR
עע	AYIN	-	70	EYE, WATER SPRING, SOURCE, CENTRE
פפ	PE	P	80	MOUTH, SILENCE, SPEECH
צצ	TSADI	C	90	RULE OF LAW, HOOK (FOR FISHING)
קק	QUF	K	100	BUYING, SELLING, EYE OF A NEEDLE, MONKEY, ABSTINENCE, CONTROL
רר	RESZ	R	200	HEAD (BODY PART), SUPERVISOR, LOSING WEALTH
שש	SZIN	S, SZ	300	TOOTH, PEACE, POWER, CORRUPTION, LIES
תת	TAU	T	400	SIGN

EXAMPLE: THE WORD "DAM" MEANS "BLOOD" AND IS MADE UP OF DALET ("WEAKNESS") AND MEM ("LIQUID"). WHEN WE ADD ALEF (THE GOD PARTICLE), WE GET "ADAM", WHICH MEANS "HUMAN BEING".

USE THIS SPACE TO WRITE DOWN YOUR NAME IN HEBREW (REMEMBER TO WRITE FROM RIGHT TO LEFT):

IMPORTANT: THE HEBREW ALPHABET DOES NOT HAVE LETTERS FOR MOST VOWELS. VOWELS ARE SIMPLY NOT WRITTEN DOWN!

NOW, LET YOUR IMAGINATION RUN FREE. TAKE A LOOK AT THE SYMBOLIC MEANING OF HEBREW LETTERS. WHAT DOES YOUR NAME STAND FOR?

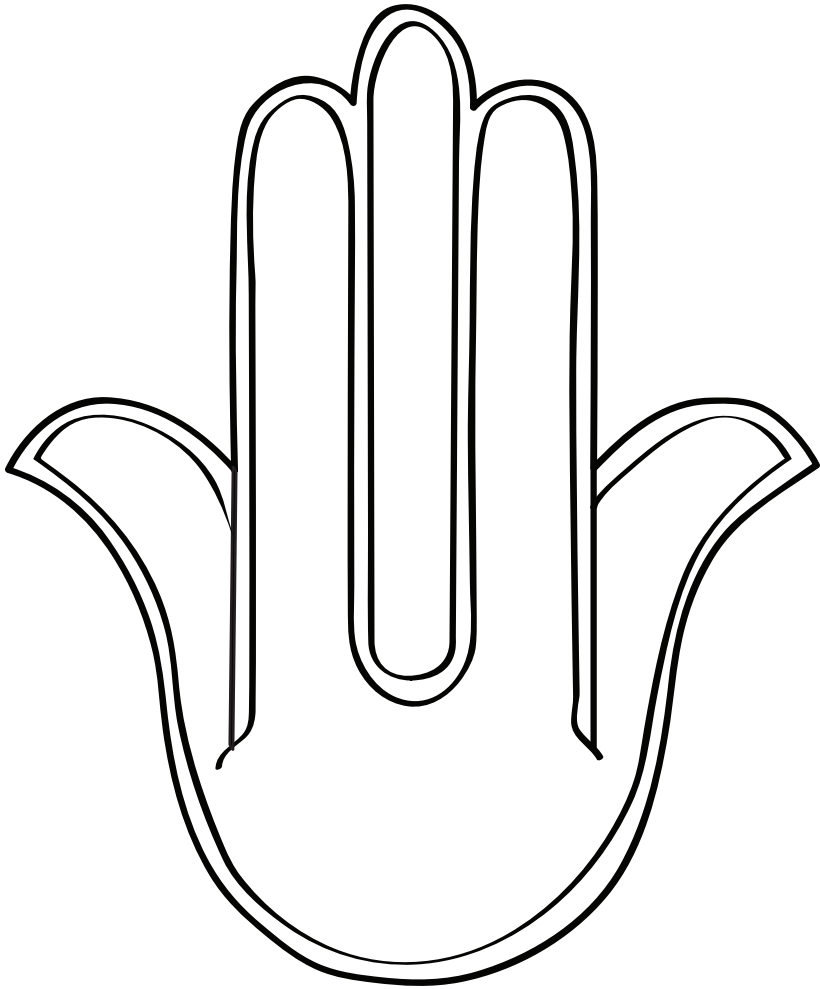
Do you know where
this part of the face
comes from?



JEWISH CULTURE HAS AN EXPLANATION. BEFORE WE ARE BORN, WHEN WE ARE STILL IN OUR MOTHER'S WOMB, AN ANGEL PUTS A CANDLE ON OUR HEAD TO BRIGHTEN UP THE INSIDE OF THE WOMB. FOR NINE MONTHS, THE ANGEL TEACHES US EVERYTHING, INCLUDING THE HISTORY OF OUR SOUL. WHEN WE ARE ABOUT TO BE BORN, THE ANGEL GUIDES US. THERE ARE TWO VERSIONS OF WHAT HAPPENS NEXT: THE ANGEL EITHER PUTS ITS FINGER ON OUR LIPS SAYING 'HUSH', OR BLOWS THE CANDLE OUT AND THROWS IT AT US. THE RESULT IS THE SAME: WE FORGET ALL OUR WISDOM AND ARE BORN WITH THIS VERTICAL GROOVE IN OUR FACES.

USE THIS SPACE TO WRITE DOWN ALL THE THINGS
YOU WISH YOU COULD REMEMBER:

Hamsa

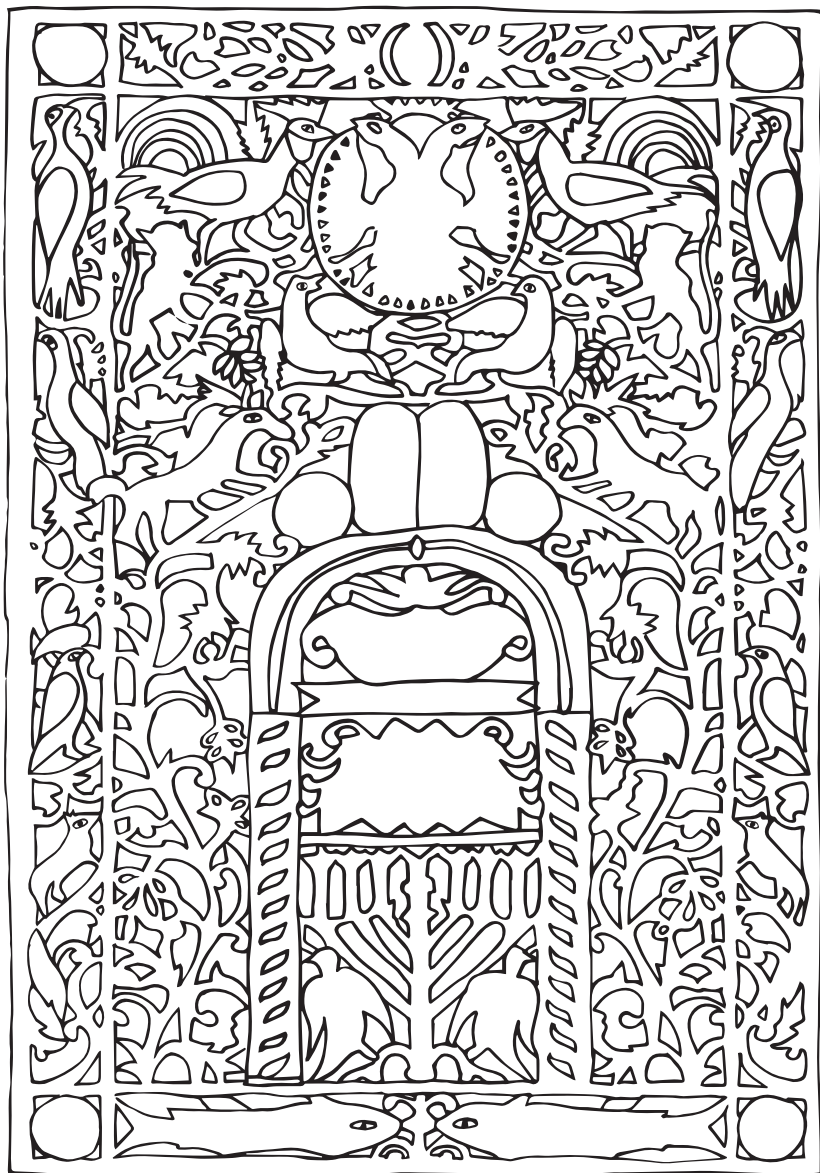


FILL IN THIS HAMSA WITH YOUR OWN PATTERNS.

HAMSA IS KNOWN IN JEWISH AND ARAB CULTURE AS 'FATIMA'S HAND' (FATIMA WAS ONE OF MOHAMMED'S DAUGHTERS) OR MIRIAM'S HAND (MIRIAM WAS MOSES' SISTER). THIS SYMBOL PROTECTS PEOPLE AGAINST EVIL. LITERALLY, "HAMSA" MEANS "FIVE" IN ARABIC.

PAPER CUTTING IS A POPULAR FORM OF JEWISH FOLK ART. THE ART OF PAPER CUTTING DEVELOPED IN THE 19TH CENTURY, WHEN PAPER BECAME WIDELY AVAILABLE. IN THE PAST, ONLY MEN WERE ALLOWED TO MAKE CUT-OUTS BUT NOWADAYS WOMEN ARE BECOMING FAMOUS IN THIS ART.

PAINT IT WITH WATERCOLOURS AND CUT IT OUT:



USE THIS PAGE TO WRITE A LETTER TO A PERSON YOU WANT TO APOLOGISE TO... CUT IT OUT AND HAND TO THAT PERSON.

YOM KIPPUR IS THE DAY OF ATONEMENT, ALSO KNOWN AS JUDGMENT DAY. IT IS CELEBRATED IN SEPTEMBER OR OCTOBER. IT IS THE MOST IMPORTANT HOLIDAY IN THE JEWISH CALENDAR.

ON YOM KIPPUR, JEWS DO NOT EAT OR DRINK FOR AT LEAST ONE WHOLE DAY TO DO PENANCE FOR THEIR SINS. ON THIS DAY, EVERY JEW SHOULD ALSO ASK FORGIVENESS FROM A PERSON THEY HAVE WRONGED AND THIS IS HOW THEY CAN BE ASSURED OF FORGIVENESS.

JEWISHHOLIDAYS

STICK THESE HERE



Pistachios



nuts



dates



apricots



DRAW THEM, TRACE ROUND THEM, ROLL THEM, SQUEEZE THEM, PAINT THEM

OR JUST EAT THEM

TU B'SHVAT IS THE JEWISH NEW YEAR OF THE TREES. THIS HOLIDAY IS CELEBRATED IN JANUARY OR FEBRUARY WHEN FRUIT TREES BEGIN TO BLOOM IN ISRAEL. TODAY, THIS HOLIDAY IS ASSOCIATED WITH AN ENVIRONMENTAL MESSAGE: IT IS SUPPOSED TO REMIND PEOPLE OF THEIR RESPONSIBILITY TO THE NATURAL WORLD AROUND THEM. THIS DAY IS CELEBRATED BY EATING VARIOUS FRUIT AND PLANTING NEW TREES.

JEWISHHOLIDAYS

LISTEN TO THE
SOUND OF *Shofar*
AND WRITE DOWN
YOUR RESOLUTIONS
FOR THE NEXT
365 days.

"SOUND OF SHOFAR"
ON YOUTUBE

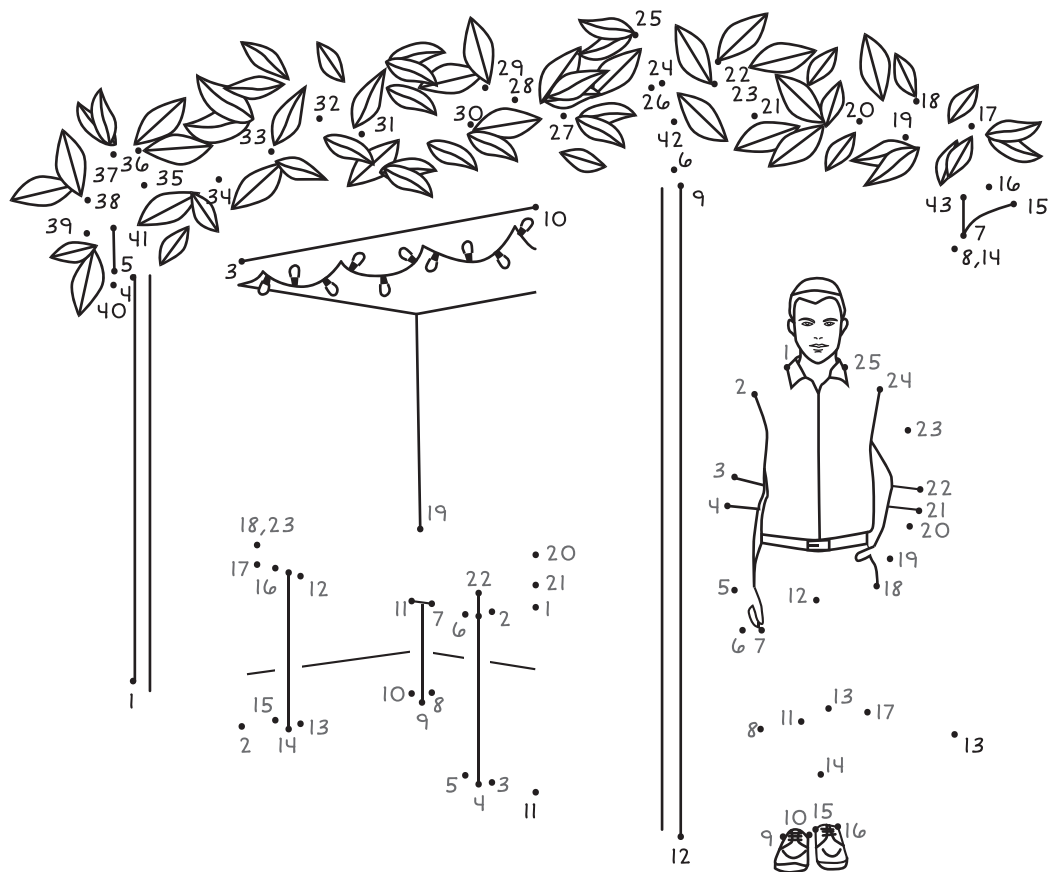


JEWISHHOLIDAYS

ROSH HASHANAH IS THE JEWISH NEW YEAR BUT IT HAS LITTLE IN COMMON WITH NEW YEAR'S EVE OR THE CHRISTIAN FEAST OF SAINT SYLVESTER. THIS HOLIDAY, FALLING IN SEPTEMBER OR EARLY OCTOBER, IS AN OPPORTUNITY FOR A NEW BEGINNING, A CHANGE OF LIFE FOR THE BETTER, INSPIRED BY THE SOUND OF THE SHOFAR (A SPECIAL RAM'S HORN). IN ORDER TO MAKE THE NEW YEAR SWEET, JEWS EAT APPLES WITH HONEY, AS WELL AS POMEGRANATES, WHOSE MANY SEEDS SYMBOLISE FUTURE GOOD DEEDS. ACCORDING TO JEWISH TRADITION, THIS IS WHEN GOD DECIDES TO REGISTER A PERSON IN THE BOOK OF LIFE FOR THE FOLLOWING YEAR. ROSH HASHANAH IS ALSO AN OPPORTUNITY FOR PEOPLE TO CLEANSE THEMSELVES BY THROWING THEIR SINS INTO THE WATER.

THIS IS AMIR AND HIS SUKKAH.

CONNECT THE DOTS TO FIND OUT WHAT IT LOOKS LIKE.



JEWISHHOLIDAYS

THE HOLIDAY OF SUKKOT, CELEBRATED IN SEPTEMBER OR OCTOBER, COMMEMORATES THE BIBLICAL JOURNEY OF THE ISRAELITES THROUGH THE DESERT AFTER LEAVING EGYPT (THE EXODUS). JEWS CELEBRATE IT BY BUILDING TEMPORARY HUTS OR TENTS (HEBREW: SUKKAH, POLISH: SUKA) AND LIVING IN THEM, AS AN EXPRESSION OF THEIR TRUST IN GOD.

JEWISH HOLIDAYS

SPEND A DAY AS IF IT WERE SHIABBAT.

THIS MEANS:

1. EAT TASTY FOOD.
2. HAVE A REST, WITHOUT
BEING TOO ACTIVE.
3. SPEND TIME WITH FAMILY
AND FRIENDS.
4. DON'T WATCH TV, INTER-
NET OR USE ANY OTHER
ELECTRICAL APPLIANCES.
5. PUT ON A NICE OUTFIT.
6. DON'T CLEAN, DON'T WORK,
DON'T STRESS.

WHAT EFFECT DID THAT DAY HAVE ON YOU?

make your own mask

PURIM IS CELEBRATED IN MARCH OR APRIL AS A JEWISH CARNIVAL WHICH COMMEMORATES HOW BRAVE QUEEN ESTHER SAVED JEWS FROM BEING KILLED. SHE CONCEALED HER IDENTITY FROM HER HUSBAND, THE KING OF PERSIA, AHASUERUS.

TO REMEMBER THIS MIRACULOUS SALVATION, JEWS DRESS UP (OFTEN AS THE OPPOSITE SEX), STAGE THEATRICAL PLAYS AND, FOLLOWING TRADITION, DRINK A LOT OF ALCOHOL.

JEWISHHOLIDAYS

ANSWERS TO THE QUIZ: 1b 2b 3a
4c 5a 6b 7b 8b 9c 10a 11c 12b
13b 14c 15c 16a



GO BACK TO THE PORTRAIT
ON PAGE 1.



**HARDLY ANY JEWS
HAVE SIDELOCKS.**

JULIAN TUWIM
HORRIBLE HOMES
(UNOFFICIAL TRANSLATION)

IN HORRIBLE HOMES
THE HORRIBLE TOWNSFOLK LIVE HORRIBLY.
MOULD AND SOOT CREEP ACROSS WALLS,
A WINTER HORROR, A DARK SORT OF DYING.

BABBLING SINCE MORNING. THEY GIBBER AND RAVE,
THAT IT'S RAINING, EXPENSIVE, THAT IT'S THIS,
THAT IT'S THAT.
THEY WALK A BIT, SIT A BIT,
EVERYTHING'S A GHOST. EVERYTHING'S A PHANTOM.

THEY CHECK THE TIME, CHECK THEIR POCKETS,
STROKE THEIR TIES, STRAIGHTEN THEIR LAPELS
WITH A DIGNIFIED STEP FROM THEIR HOMES TO THE
GROUND,
SO FAMILIAR, SO ROUND.

HERE THEY GO, ALL BUTTONED UP TIGHT,
THEY LOOK LEFT, THEY LOOK RIGHT.
WHEN THEY LOOK, THEY SEE ALL THINGS SEPARATELY
A HOUSE... STANLEY... A HORSE... A TREE...

THEY GRAB NEWSPAPERS IN THEIR FINGERS LIKE A CAKE
AND CHEW THEM INTO A SPONGY MUSH,
UNTIL, BLOATED WITH THE UNDERCOOKED PAPER,
THEIR BULGING HEADS GROW COARSELY SWOLLEN.

AND THEY'RE OFF TALKING AGAIN, ABOUT FORD...
THE CINEMA...

GOD... RUSSIA... THE RADIO, SPORTS, WAR...
THE MONSTROUS LAYERS OF NONSENSE GROW,
FLOWING WITH PHANTOMS THROUGH A JUNGLE
OF HAPPENINGS.

USE PHOTOS FROM NEWSPAPERS AND MAGAZINES
TO MAKE A COLLAGE OF A "HORRIBLE TOWN"
AND STICK THE POEM ON IT.

#POLISHJEWS

THEIR HEADS ARE PUFFED UP, EVER HEAVIER
DANGLING BLINDLY TOWARDS EVENING.
THEY CLAMBER UNDER BEDS, SNIFFING OUT A THIEF,
HEADS BUMPING INTO COLD CHAMBER POTS.

ONCE AGAIN, THEY'RE CHECKING THEIR
POCKETS, THEIR RECEIPTS,
WITH TROUSERS DARNED ON THE BACKSIDE,
THEIR VENERATED PROPERTY, SACRED POSSESSIONS,
THEIR OWN AND EXCLUSIVE, EARNED THE HARD WAY.

LATER THEY PRAY: "(SPARE US) FROM SUDDEN DEATH...
...FROM WAR... AND HUNGER... REST IN PEACE."
AND FALL ASLEEP, THEIR FAT GOBS ON THEIR CHESTS
IN THEIR HORRIBLE HOMES
THOSE HORRIBLE TOWNSFOLK.



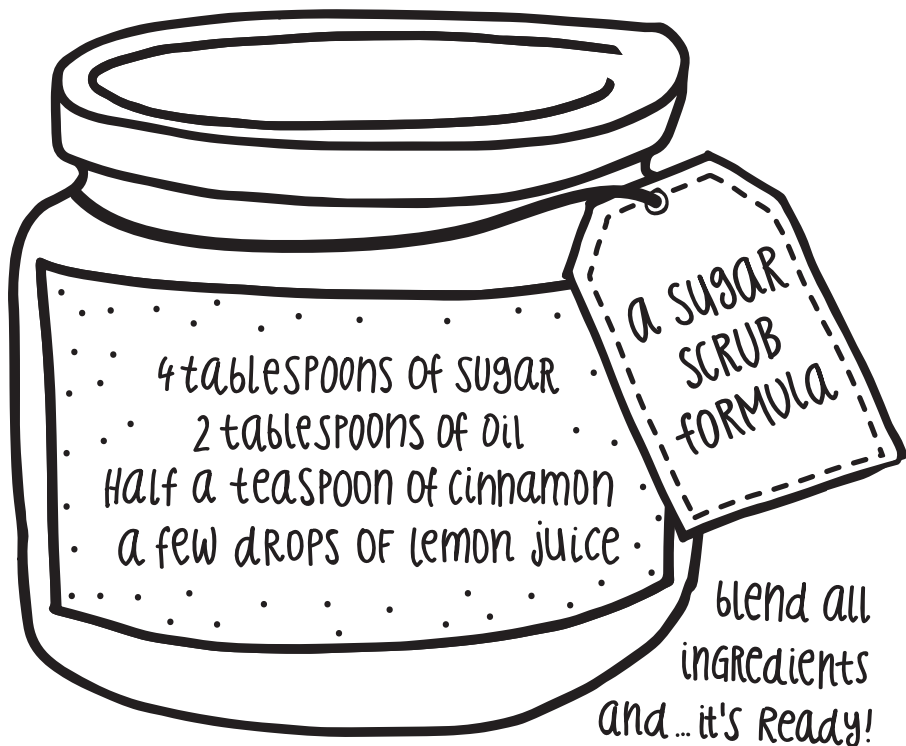
JULIAN TUWIM - A POET, ONE OF THE
MOST POPULAR LITERARY AUTHORS OF
THE INTER-WAR PERIOD. HE BELIEVED
THAT POETRY SHOULD BE ACCESSIBLE
FOR EVERYONE, WHICH IS WHY HE
OFTEN USED SLANG IN HIS POEMS,
SOMETIMES EVEN VULGAR WORDS.

HE USED TO SAY:

"LIVE YOUR LIFE SO THAT YOUR
FRIENDS ARE BORED WHEN YOU DIE."



HELENA RUBINSTEIN - A BUSINESS-WOMAN FROM KRAKOW WHO SET UP THE FIRST TRANSNATIONAL BEAUTY COMPANY IN THE WORLD. SHE REVOLUTIONISED THE BEAUTY INDUSTRY AND CHANGED THE PERCEPTION OF BODY CARE. SHE WORKED UNTIL HER 91ST BIRTHDAY, AND DIED ONE YEAR LATER.



YOU CAN USE THE SCRUB ON YOUR FACE AND BODY TO EXFOLIATE AND CLEANSE YOUR SKIN. THE SCRUB HELPS TO MASSAGE AND REGENERATE YOUR SKIN.

#POLISHJEWS

1. PAINT A SELECTED part OF
YOUR BODY WITH POSTER PAINTS.

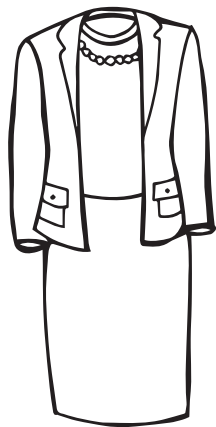
2. PRESS IT ON HERE:



ALINA SZAPOCZNIKOW - A SCULPTOR AND GRAPHIC
ARTIST, ONE OF THE MOST IMPORTANT POLISH
ARTISTS OF THE 20TH CENTURY. IN HER ART, SHE
OFTEN FOCUSED ON THE HUMAN BODY AND ITS
FRAGILITY, BASED ON HER OWN EXPERIENCE DURING
WORLD WAR II AND HER FIGHT AGAINST CANCER.

#POLISHJEWS

COLOUR IN these traditional outfits of Jewish women FROM:



Poland



MOROCCO



China



IRAQ



India



Ethiopia

remote control

drinking straw

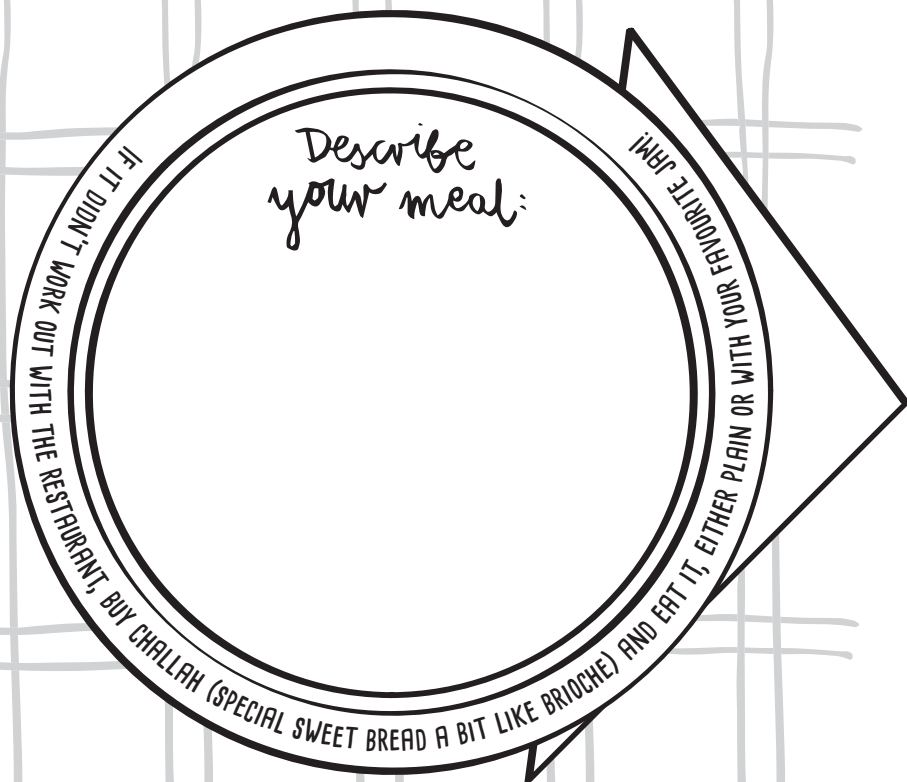
mobile phone

usb stick

circle
THE NAMES OF
objects INVENTED
BY JEWS:

ballpen

VISIT A JEWISH RESTAURANT



PRESS YOUR FINGER/SPOON/FORK AND KNIFE
IN HERE AFTER YOU'VE FINISHED YOUR MEAL

2 quick bites OF POPCULTURE

LISTEN TO THESE PIECES OF MUSIC:



- ▶ II OREN LAVIE
"HER MORNING ELEGANCE"
- ▶ II Yael Naim
"PARIS"
- ▶ II THE ANGELCY
"GIANT HEART"
- ▶ II HAIM
"FALLING"
- ▶ II DRAKE
"HOTLINE BLING"

- ▶ II REGINA SPEKTOR
"THE CALCULATION"
- ▶ II FELIX MENDELSSOHN
-BARTHOLDY
"WEDDING MARCH"
- ▶ II LENNY KRAVITZ
"FLY AWAY"
- ▶ II SIMON AND GARFUNKEL
"MRS. ROBINSON"
- ▶ II AMY WINEHOUSE
"REHAB"
- ▶ II PINK
"JUST LIKE FIRE"

#JEWISHARTISTS

WHICH ONE DID YOU LIKE THE MOST?

WATCH THESE MOVIES:



"GETT: THE TRIAL OF VIVIANE AMSALEM"
(2014, DIRECTED BY RONIT ELKABETZ,
SHLOMI ELKABETZ)

"MEDUZOT" (2008, DIRECTED BY EDGAR
KERET, SHIRA GEFFEN)

"THE KIDS ARE ALL RIGHT" (2010, DIRE-
CTED BY LISA CHOLODENKO)

"TOTAL ECLIPSE" (1995, DIRECTED BY
AGNIESZKA HOLLAND)

"THE SHINING" (1980, DIRECTED BY
STANLEY KUBRICK)

"MANHATTAN" (1979, DIRECTED BY
WOODY ALLEN)

"SCHINDLER'S LIST" (1993, DIRECTED
BY STEVEN SPIELBERG)

"TINY FURNITURE" (2010, DIRECTED
BY LENA DUNHAM)

WHICH ONE DID YOU LIKE THE MOST?

DID YOU KNOW THAT SACHA BARON COHEN (BORAT, ALI G.) IS JEWISH?

DID YOU KNOW THAT GAL GADOT (Wonder Woman) IS JEWISH?

HER FIRST NAME MEANS "WAVE", HER SURNAME MEANS "RIVER BANK".

BY THE WAY, NATALIE PORTMAN IS JEWISH, TOO!

RATE JEWISH SNACKS FROM YOUR LOCAL STORE:

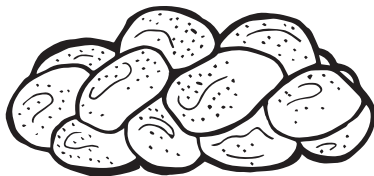
COLOUR IN THE STARS
TO SHOW YOUR RATING

jewish-style
herring



☆☆☆☆☆ YOUR RATING:

Challah



☆☆☆☆☆ YOUR RATING:

Halva



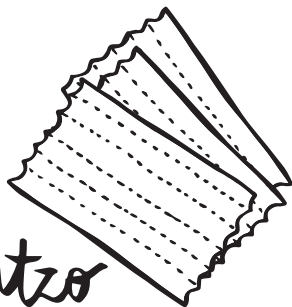
☆☆☆☆☆ YOUR RATING:

Hummus



☆☆☆☆☆ YOUR RATING:

Matzo



☆☆☆☆☆ YOUR RATING:

#JEWISHSNACKS

...IF YOU ENJOY COOKING AND WANT SOMETHING MORE FANCY, TRY-OUT THESE MORE CHALLENGING RECIPES:

BABA GANOUSH, OR AUBERGINE DIP

HOW TO PREPARE IT:

1. HEAT YOUR OVEN TO 200° CELSIUS, SET THE GRILL OPTION, IF AVAILABLE.
2. WASH THE AUBERGINES AND PIERCE THEM (OTHERWISE THEY WILL BURST IN THE OVEN), PUT THEM ON A BAKING TRAY LINED WITH BAKING PAPER.
3. PUT THE BAKING TRAY INTO THE OVEN, LEAVE IT FOR 45 MINUTES (OR LESS, DEPENDING ON THE OVEN - UNTIL THE AUBERGINES ARE BLACK AND CHARRED), TURN EVERY 15 MINUTES.
4. CUT THE HOT AUBERGINES IN HALF (BE CAREFUL NOT TO BURN YOUR FINGERS!). USE A SPOON TO REMOVE THE PULP - PUT THE PULP IN THE BLENDER RIGHT AWAY.
5. MIX WITH THE OTHER INGREDIENTS.
6. COOL DOWN (CAREFUL: DON'T PUT THE HOT SPREAD IN THE FRIDGE BEFORE IT HAS COOLED DOWN!)
7. ADD 2 TABLESPOONS OF OLIVE OIL, BLEND IN. SERVE WITH BREAD AND, OPTIONALLY, PARSLEY, CHILLI, TOMATOES AND OLIVES.

YOU WILL NEED:



5 SMALL
AUBERGINES



3 TABLESPOONS
OF TAHINI*



JUICE OF
HALF A LEMON



HALF A TABLESPOON
OF SALT



2-3 CLOVES
OF GARLIC

* AVAILABLE FROM MIDDLE EASTERN AND HEALTH FOOD STORES, TAHINI IS ALSO USED TO MAKE HUMMUS.

#JEWISHSNACKS

CHOLENT, OR THE MAIN COURSE (VEGETARIAN VERSION)

YOU WILL NEED:



2 CUPS OF
BUTTER BEANS



2/3 CUPS OF
PEARL BARLEY



HALF A KILO
OF POTATOES



3 ONIONS



4 TABLESPOONS
OF OLIVE OIL



3 CUPS OF
VEGETABLE
STOCK



SALT
AND
PEPPER



WHOLE
CHOPPED BULB
OF GARLIC



GRATED
SWEET
PEPPER



ALLSPICE, BAY LEAF
THYME, GINGER, CUMIN
NUTMEG

HOW TO PREPARE IT:

1. POUR BOILING WATER OVER THE BEANS AND, IN THE MEANTIME...
2. PUT EACH VEGETABLE INTO A SEPARATE BOWL:
 - A) PEEL THE POTATOES, CUT INTO SLICES, 1-2 CM THICK.
 - B) SLICE THE ONION INTO RINGS AND FRY OVER A LOW HEAT UNTIL TRANSPARENT.
4. DRAIN THE BEANS.
5. PLACE THE FOLLOWING ONE AFTER THE OTHER INSIDE THE POT: ONIONS (SALT THEM), BEANS, PEARL BARLEY, POTATOES (ADD BAY LEAF AND 2 ALLSPICE BERRIES), ONIONS (SALT THEM), BEANS, AND PEARL BARLEY. SPRINKLE EACH LAYER WITH GARLIC, PAPRIKA (TEASPOON), SPICES (HALF A TEASPOON) AND A PINCH OF NUTMEG.
6. POUR THE STOCK OVER THE VEGETABLES UNTIL IT REACHES AN INCH ABOVE THE SURFACE OF THE CONTENTS. BRING TO THE BOIL, THEN REDUCE THE HEAT AND COVER WITH A LID. WHEN ALL THE STOCK HAS BEEN ABSORBED INTO THE DISH, REDUCE THE HEAT AND CONTINUE STEWING IT FOR 2 HOURS.
7. NOW (CAREFUL!), REMOVE THE POT FROM THE HEAT, WRAP IT IN A BLANKET AND PUT ASIDE FOR AN HOUR.

BLACK IT OUT

STEREOTYPES

HATE SPEECH

POPULISM*

"THOSE WERE BEAUTIFUL DAYS, JEWS WERE GOING TO BE GASSED,
THE OVEN DOORS WERE LEFT OPEN / THOSE WERE BEAUTIFUL DAYS, CARRIAGES FULL
OF JEWS ARRIVED / THICK, BLACK SMOKE WAS BLOWING OUT THE CHIMNEY"
EXCERPT FROM A SONG FOUND ON A LEGIA WARSAW FOOTBALL FAN FORUM
[HTTP://FORUM.LEGIONISCI.COM/SHOWTHREAD.PHP?T=6519&PAGE=47](http://forum.legionisci.com/showthread.php?t=6519&page=47)

"THE MAIN GOAL OF THE JEWISH DIASPORA WAS
TO PLUNDER OUR LANDS AND CONTROL OUR NATION. THEY DECIDED OUR
COUNTRY WAS THE LAND PROMISED TO THEM BY GOD. THEY STILL
CONSIDER THEMSELVES TO BE CO-OWNERS OF THE POLISH LANDS."

"JUDEOPOLONIA - JEWS ATTACKING POLAND?"
[HTTPS://WIADOMOSCI.ROBERTBRZOZA.PL/HISTORIA-POLSKI/
JUDEOPOLONIA-ATAK-ZYDOW-NA-POLSKE/](https://wiadomosci.robertbrzoza.pl/historia-polski/judeopolonia-atak-zydow-na-polske/)

"THE OPPOSITION'S MARCH WAS FINANCED FROM OUTSIDE. A JEWISH
BANKER DONATED 150 MILLION TO ORGANISE THE MARCH."*
PAWEŁ KUKIZ, MEMBER OF POLISH PARLIAMENT AND SINGER.

WANTING TO SMEAR THE POLITICAL OPPOSITION, PAWEŁ KUKIZ SAID THAT THEIR ACTIVITIES
WERE FINANCED BY A JEWISH BANKER, WHICH WAS NOT TRUE. HE INVOKED STEREOTYPES ABOUT
JEWS RULING THE WORLD AND HATING POLISH PEOPLE.

*POPULISM - "SUPPORTING OR PROMOTING IDEAS AND POLITICAL PLANS THAT ARE IN LINE WITH
THE EXPECTATIONS OF THE MAJORITY OF ORDINARY SOCIETY IN ORDER TO GAIN THEIR SUPPORT,
INFLUENCE OR POWER" (TRANSLATED FROM THE POLISH SCIENTIFIC PUBLISHERS (WYDAWNICTWO
PWN) DICTIONARY OF THE POLISH LANGUAGE, [WWW.SJP.PWN.PL](http://www.sjp.pwn.pl))

HATERS' COMMENTS

'CAUSE JEWS HAVE A POLAND-PHOBIA AND ARE CHEATS

THE JEWS HAVE TO UNDERSTAND THAT THEY PROVOKED THE HATRED OF POLISH PEOPLE THEMSELVES, WITH THEIR TREACHERY AND CRIMES

JEWS ARE BLINDED BY THEIR HATRED AND DESIRE FOR RETALIATION. THAT'S THE MAIN REASON WHY THEY JOINED THE BOLSHEVIK SECURITY FORCES.

POLISH ANTI-SEMITISM IS AN OBVIOUS RESPONSE TO THE JEWS' CONTEMPT FOR POLES AND TO THEIR DISRESPECTING POLES IN THEIR OWN COUNTRY

POOR JEWS, NOBODY LIKES THEM?
WELL, THERE MUST BE A REASON FOR THAT.

JEWS THEMSELVES ARE RESPONSIBLE FOR WHAT HAPPENED TO THEM.

HOW DO THESE COMMENTS MAKE YOU FEEL?

THESE ARE ORIGINAL EXAMPLES, TRANSLATED FROM POLISH, FROM ONLINE FORUMS AND WERE PUBLISHED IN A RESEARCH REPORT ON HATE SPEECH PREPARED BY DR. MICHAŁ BILEWICZ ET AL. ORIGINAL TITLE: "MOWA NIENAWIŚCI", PUBLISHED IN WARSAW, 2014. (A SUMMARY IN ENGLISH IS AVAILABLE ONLINE ENTITLED 'HATE SPEECH IN POLAND - SUMMARY OF THE NATIONAL OPINION POLL')

WHAT CAN YOU DO ABOUT HATE?

→ **INUNDATE HATE
WITH FACTS
AND STATISTICS**

→ **SEND
THE POSTER
A MEME**

→ **REPORT A POST/COMMENT/
PHOTO ON FACEBOOK OR TO
A WEBSITE ADMINISTRATOR!**

THERE ARE LAWS AGAINST HATE!

ARTICLE 119. § 1. WHOEVER USES VIOLENCE OR MAKES UNLAWFUL THREAT TOWARDS A GROUP OF PERSONS OR A PARTICULAR INDIVIDUAL BECAUSE OF THEIR NATIONAL, ETHNIC, POLITICAL OR RELIGIOUS AFFILIATION, OR BECAUSE OF THEIR LACK OF RELIGIOUS BELIEFS, SHALL BE SUBJECT TO A PENALTY OF THE DEPRIVATION OF LIBERTY FOR A TERM OF BETWEEN 3 MONTHS AND 5 YEARS.

§ 2. THE SAME PUNISHMENT SHALL BE IMPOSED ON ANYONE, WHO INCITES COMMISSION OF THE OFFENCE SPECIFIED UNDER § 1. (POLISH CRIMINAL CODE)

IF SOMEONE SPREADS HATE SPEECH, YOU CAN REPORT THAT PERSON TO THE POLICE! ACCORDING TO ARTICLE 304 § 1 OF THE POLISH CODE OF CRIMINAL PROCEDURE, CITIZENS HAVE A DUTY TO REPORT CRIMES. BUT WHAT COUNTS AS A CRIME?

EXAMPLES FROM ONLINE FORUMS:

"JEWS TO THE GAS CHAMBERS!"

"KICK THAT JEW IN THE BACKSIDE!"

"NOW WE'RE BURNING A PUPPET,
NEXT THE JEWISH VERMIN"

ARTICLE 256. § 1. WHOEVER PUBLICLY PROMOTES A FASCIST OR OTHER TOTALITARIAN REGIME OR INCITES HATRED ON THE GROUNDS OF NATIONAL, ETHNIC, RACIAL, RELIGIOUS OR RELIGIOUS DIFFERENCES, OR ON THE GROUNDS OF NON-RELIGIOUSNESS, SHALL BE SUBJECT TO A FINE, THE PENALTY OF RESTRICTION OF LIBERTY OR DEPRIVATION OF LIBERTY FOR UP TO 2 YEARS.

- "NAZISM CONTAINED MANY POSITIVE THINGS, IT'S WORTH INTRODUCING THEM IN POLAND"
- "JEWS TO THE GAS CHAMBERS!"
- "GENERATIONS OF JEWS WORKED FOR CENTURIES TO EARN THE HOLOCAUST"
- "STOP JUDAISING POLAND. POLAND BELONGS TO THE POLES"
- PAINTING A SWASTIKA ON A WALL
- SHOUTING NAZI SLOGANS LIKE "SIEG HEIL!"
- MAKING NAZI GREETING GESTURES
- PUBLICLY SHOWING TATTOOS WITH SYMBOLS FROM TOTALITARIAN REGIMES

ARTICLE 257. WHOEVER PUBLICLY INSULTS A GROUP OF PEOPLE OR A PARTICULAR PERSON ON THE GROUNDS OF THEIR NATIONAL, ETHNIC, RACIAL OR RELIGIOUS AFFILIATION OR BECAUSE OF THEIR LACK OF RELIGIOUS BELIEFS, OR VIOLATES THE PHYSICAL INTEGRITY OF ANOTHER PERSON FOR SUCH REASONS, SHALL BE SUBJECT TO A PENALTY OF DEPRIVATION OF LIBERTY FOR UP TO 3 YEARS. (POLISH CRIMINAL CODE)

- "BLACK APES"
- "JEWISH VERMIN"
- BEATING
- PUSHING
- PINCHING
- SPITTING
- PULLING

→ WHAT CAN YOU DO?

1. IF HATE SPEECH CONCERNS A COMMENT, A POST OR A PHOTO ON FACEBOOK, REPORT IT TO THEM. YOU CAN ALSO REPORT THE ADDRESS OF THE ITEM ON HEJSTOP.PL AND [HTTP://ZGLOSNIENAWISC.OTWARA.ORG/](http://zglosnienawisc.otwarta.org/)
2. IF HATE IS PART OF A STATEMENT OR BEHAVIOUR THAT YOU HAVE RECORDED OR PHOTOGRAPHED, GO TO [HTTP://ZGLOSNIENAWISC.OTWARA.ORG/](http://zglosnienawisc.otwarta.org/).
3. YOU CAN ALSO SEND A LETTER (BY REGISTERED MAIL) TO THE PUBLIC PROSECUTOR'S OFFICE TO NOTIFY THEM OF A CRIME. THE NOTIFICATION MUST CONTAIN YOUR FULL NAME AND ADDRESS, THE NAME OF THE PROSECUTOR'S OFFICE OR THE POLICE STATION WHERE YOU ARE SENDING YOUR LETTER. YOU NEED TO DESCRIBE THE EVENT IN YOUR OWN WORDS (AND ADD ATTACHMENTS, SUCH AS A SCREENSHOT OR A PHOTO, WHENEVER POSSIBLE). YOU NEED TO SIGN AND DATE YOUR LETTER. THE PROSECUTOR'S OFFICE MIGHT OR MIGHT NOT DEAL WITH THE CASE, BUT THEY MUST ACCEPT YOUR LETTER. THE MORE REPORTS, THE GREATER THE CHANCE THAT THE POLICE WILL BE MORE ON THE ALERT!

have you seen any HATE?

REPORT EVERY SINGLE HATE POST ON FACEBOOK! JUST CLICK THE DOTS IN THE UPPER RIGHT CORNER, THEN "REPORT POST" AND THEN SELECT THAT IT SHOULD NOT BE ON FB, BECAUSE OF INAPPROPRIATE CONTENT. THE MORE REPORTS THE ADMINISTRATORS GET, THE SOONER THEY WILL REMOVE THE POST!

1.



COPY IT

2.

HEJT **STOP**

PASTE IT ON
HEJTSTOP.PL

3.



DOES THE POST BREAK
THE LAW? THE AUTHOR
WILL FACE THE
CONSEQUENCES!

YOU CAN ALSO GO TO
WWW.HEJTSTOP.PL AND PASTE
THE AGGRESSIVE POST THERE.
THEY'LL TAKE CARE OF IT...

Print...

YOU CAN ALSO DOWNLOAD
HEJTALERT, AN ADD-ON TO YOUR WEB
BROWSER WHICH WILL THEN REPORT
INSULTING CONTENT BY ITSELF.
JUST GO TO WWW.HEJTALERT.PL :)

Write down your questions and doubts in alphabetical order

a

b

c

d

e

f

g

h

i

j

k

l

m

n

o

p

q

r

s

t

u

w

x

y

z

For answers
look here:

[HTTP://WWW.FZP.NET.PL/](http://www.fzp.net.pl/)

[HTTP://WWW.SZTETL.ORG.PL/](http://www.sztetl.org.pl/)

[HTTP://SHALOM.ORG.PL/](http://shalom.org.pl/)

[HTTP://JUDAIKA.POLIN.PL/DMUSEION](http://judaika.polin.pl/dmuseion)

[HTTPS://WEB.FACEBOOK.COM/JEWISHORGPL-1638755249738786](https://web.facebook.com/JewishOrgPL-1638755249738786)

[HTTP://WWW.JHI.PL/](http://www.jhi.pl/)

[HTTP://WWW.DIALOG.ORG.PL/](http://www.dialog.org.pl/)

[HTTPS://WEB.FACEBOOK.COM/CIZWROCLAW/](https://web.facebook.com/cizwroclaw/)

[HTTP://CHIDUSZ.COM/](http://chidusz.com/)

[HTTP://WWW.POLIN.PL/PL](http://www.polin.pl/pl)

[HTTP://UPRZEDZUPRZEDZENIA.ORG/](http://uprzedzuprzedzenia.org/)

3 MOST IMPORTANT THINGS I discovered THANKS TO THIS BOOKLET

1.

2.

3.

Set your

STOP-
WATCH 

7 minutes

AND WRITE
DOWN

everything
you know:

MOVIES MADE BY JEWISH WOMEN AND MEN

JEWISH INVENTIONS

NAMES OF POLISH JEWS

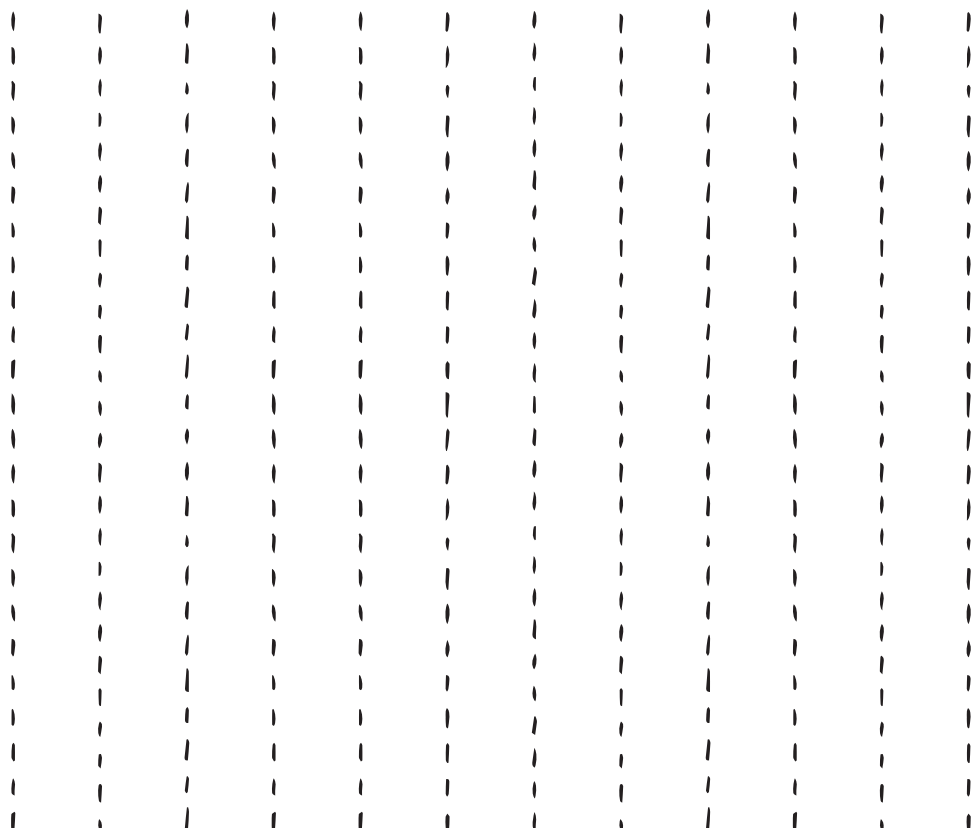
JEWISH DISHES AND TREATS

COUNTRIES WHERE THERE ARE JEWISH DIASPORAS
(OR JEWISH COMMUNITIES)

WRITE DOWN FACTS

ABOUT JEWS ON SMALL STRIPS OF PAPER,
CUT THEM OUT AND DISPLAY THEM
in a public place

DID YOU KNOW THAT:

Ten vertical dashed lines are provided for writing, arranged in a single row across the width of the page.

10 QUESTIONS YOU WILL ASK PEOPLE of Jewish background IF YOU MEET THEM:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Dearest Girls and Boys!

NO-ONE CAN TELL US WHAT WE'RE SUPPOSED TO BE LIKE. WE KNOW OURSELVES WHAT WE REALLY WANT. WE WANT TO BE LOVED, INDEPENDENT AND RESPECTED, SURROUNDED BY FRIENDLY SOULS WHO ACCEPT US. SO WE HAVE TO DISCOVER AND CULTIVATE EVERYTHING THAT IS WORTH LOVING ABOUT OURSELVES: OPENNESS, KINDNESS, WILLINGNESS TO HELP, OUR UNCONVENTIONAL WAYS, AND WISDOM. AND WE WON'T LET ANYONE FORCE HARMFUL STEREOTYPES ON US. WE KNOW THAT WE NEED TO DO SOME WORK TO DISCOVER AND ENJOY THE DIVERSITY OF THE WORLD, THE WEALTH OF PARTICULAR CUSTOMS, BELIEFS, AND SKILLS; AND TO BE DELIGHTED WITH WHAT WE ALL ARE: JEWS, CHINESE, INDIGENOUS AUSTRALIANS, OR NATIVE AMERICANS. WE ARE ALIKE AND DIFFERENT. JEWS SOMETIMES JOKE THAT THEY ARE NATURALLY THE SAME AS OTHERS BUT MORE SO :)

Shalom!

PROFESSOR KAMILLA TERMIŃSKA, UNIVERSITY OF SILESIA

90% OF POLES HAVE NEVER PERSONALLY MET ANYONE FROM THIS GROUP. I'M TALKING ABOUT JEWS. ACCORDING TO THE CENSUS, THERE ARE ABOUT 8,000 JEWS LIVING IN POLAND. THAT'S RIGHT: EIGHT THOUSAND. THIS NUMBER IS NOT EXACTLY STRIKING, IS IT. NEVERTHELESS, JEWS AWAKEN GREAT EMOTIONS FOR POLES, WHILE TOPICS RELATED TO JEWISH CULTURE AND TRADITION SPARK THE IMAGINATION. UNFORTUNATELY, MYTHS, STEREOTYPES, PREJUDICES AND CONSPIRACY THEORIES OFTEN BEAT THE FACTS. RECENTLY, THE NUMBER OF ANTI-SEMITIC INCIDENTS IN POLAND HAS BEEN GROWING, AND PEOPLE WHO ARE THOUGHT OF AS "OTHERS" OR WHO REPRESENT DIVERSITY, HAVE BECOME LIKE PUBLIC ENEMY NUMBER ONE IN POLISH SOCIETY, WHICH IS LARGELY HOMOGENOUS IN ETHNIC, RACIAL, RELIGIOUS AND CULTURAL TERMS. WHY IS THIS HAPPENING? IN OUR OPINION, ONE OF THE CAUSES IS THAT ... 90% OF POLES HAVE NEVER PERSONALLY MET ANY JEWS, WOMEN OR MEN.

THIS BOOK, ENTITLED "ABOUT JEWS", WAS DESIGNED TO GIVE YOU AT LEAST SOME IDEA ABOUT THESE 'UNKNOWN' JEWS AND TO SHOW THAT CULTURAL DIVERSITY, WHICH WE OURSELVES EXPERIENCE WHEN WE DO EDUCATIONAL PROGRAMMES AT HUMANITY IN ACTION POLAND, IS BOTH INSPIRING AND MUCH NEEDED... FOR ALL OF US.

LET'S GET TO KNOW EACH OTHER! AND LET'S DO IT NOW!

MONIKA MAZUR-RAFAŁ, MAGDALENA SZAROTA, PRZEMYSŁAW IWANEK
HUMANITY IN ACTION POLAND

SYLVIA:

WHEN I WAS GROWING UP, THE ONLY THING I HEARD ABOUT THE JEWS WAS EITHER THE SAD STORY OF WORLD WAR II OR STEREOTYPES, AND I DIDN'T EVEN KNOW THEY WERE STEREOTYPES BACK THEN. HOW COULD I? I GOT INTERESTED IN JEWISH CULTURE A FEW YEARS AGO AND I IMMEDIATELY DISCOVERED HOW RICH, INTERESTING, AND TASTY IT IS - SWEET ON THE EYES AND THE EARS! THIS BOOK DOESN'T EVEN GO INTO MANY SUPER-INTERESTING CHAPTERS OF JEWISH HISTORY AND CULTURE. SO I HOPE THAT THIS IS JUST THE BEGINNING OF YOUR INTEREST IN THE TOPIC, NOT THE END. AND EVEN MORE SO, I HOPE THAT THE NEXT TIME YOU HEAR RIDICULOUS STEREOTYPES AND HATE TARGETED AT JEWS, YOU'LL MAKE IT CLEAR YOU'RE AGAINST THEM!

MICHALINA:

BOOKS CAN SOMETIMES BE BORING AND PUT PEOPLE OFF READING THEM. I HOPE OUR BOOK BRINGS INTERESTING INFORMATION, AND FUN, TOGETHER IN ONE! SOMETIMES IT'S GOOD TO LEAVE YOUR OWN "BUBBLE": TO CONFRONT YOUR FEARS, TO LEARN MORE, TO THINK A BIT MORE. THE WORLD IS A REALLY GREAT PLACE, WITH SUCH A DIVERSE BUNCH OF PEOPLE, FULL OF MAGIC AND WONDERFUL THINGS. IT WOULD BE A REAL PITY IF STEREOTYPES OR OUR OWN PREJUDICES PREVENT US FROM GETTING TO KNOW EACH OTHER! AND ALTHOUGH I DON'T WANT TO SOUND LIKE A LIFESTYLE GUIDE, I HAVE A GREAT PIECE OF ADVICE FOR YOU AND FOR MYSELF: LET'S OPEN UP TO OTHERS! LET'S PAY ATTENTION, BE SENSITIVE AND CURIOUS ABOUT THE WORLD. LET'S NOT JUDGE PEOPLE RIGHT AWAY, LET'S HEAR THEIR STORIES, AND IF WE SEE SOMETHING VIOLENT - LET'S REACT! PROBLEMS DON'T DISAPPEAR IF WE STOP THE CONVERSATION ABOUT THEM.

JAN:

BEING JEWISH AND POLISH AT THE SAME TIME? SOME PEOPLE SAY THAT'S IMPOSSIBLE, BUT TO ME IT SEEMS OBVIOUS. MY JEWISH ANCESTORS HAVE LIVED HERE FOR CENTURIES. POLAND IS MY HOME, A PLACE WHERE THE JEWISH COMMUNITY HAS DEVELOPED OVER CENTURIES. I HOPE THIS BOOK WILL INSPIRE YOU TO LEARN ABOUT THE CULTURE OF YOUR ANCESTORS' NEIGHBOURS, SOMETIMES EXOTIC BUT SOMETIMES VERY FAMILIAR. IF YOU WANT TO FORM AN OPINION ABOUT SOMEONE, YOU MUST FIRST GET TO KNOW THEM. YOUR KNOWLEDGE CAN NOW BECOME A WEAPON IN THE STRUGGLE AGAINST PREJUDICE TOWARDS JEWS. DON'T HESITATE TO USE IT!

ABOUT JEWS

AN INTERACTIVE BOOK
AGAINST ANTI-SEMITISM

IDEA: SYLWIA WODZIŃSKA

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HUMANITY IN
ACTION
POLSKA

IN PARTNERSHIP WITH:



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SHALOM!

*SHALOM, OR THE HEBREW GREETING AT MEETING OR PARTING, WHICH LITERALLY MEANS "PEACE"